

द्वैमासिक

कृषि

jif{%) ciff9->fj ff @) & cÍ @

; lkfbS d08n

; AfS
ho d'sB vgfN

kWfg ; lkfbS
07j / kJ fb l/hfn

j l/i7 ; lkfbS
j \$07 clwsf/L

; lkfbS
; ug zdf{kl08t
; kgf af:tjhf

kgf] ;
cgk zdf{kfjh
bj/fh ufhL
; zIn clwsf/L

5kf0tj t/af
; kgf af:tjhf
efhfgfy kfjh
lx/f 9auh
zDe'yfk

— ; lkfbSlo —

/fli6o wfg lbj ; tyf /lkfbSlo dxff; j dgfpq
yflnPsf] klg !) cf}j if{k/f e0; s\$ff
5 . o; j if\$ff] wfg lbj ; gkfn sif
cg; Gwfg kl/ifs -gfs{n]cfknqf]dftxtsf]
afnLlj 1fg dxzfvf, vdn6f/df / sif
lj efun]eQm/sf]axdfo0ldf dgfP . awfg
pTkfbgdj j lkfbSlo cytqsf]; dlckÆ
eG]gf/fsf ; fy /fli6o / :yfglo:y/sf
cfD ; rf/sf dfWod dfknf krf/ k; f/
lj 1 / sifssx? alr 5nkm, cG/lqmff,
; dx÷; xsf/L alr ; ffsIts kltotofutf
cfib sfo\$dl u/Ldgf0of].

gkfnLls; fgx?sf]nflu wfg lbj ; sf]/fgs
Psfl/ lyofleg]csf]krnsv/f Joj ; folx?
a8{km]sf]rkfdf kl/x\$ff lyP . gkfnssf]
kjkgfsfdf cl3Nf j iff?df kffksf ; kdf
of]/fli bYfk/]klg o; j if{eg]/fhwfgL
/ cf; kf; sf sfe] eQm/, sf7df08fjf
Jofks ; kdf bYfk/\$f]lyof]. kz' ; j f
lj efusf]; lsPtfdf sif lj sf; dGqfno
/ dftxtsf ; lkfbSlo gfsfox?sf]; xofli /
; dG odF ; sldt afn/ sv/f gi6 ul/Psf]
lyof]. o; cj :yfdf Joj ; folS sv/fkfnS
ls; fgn]nfvf]sf] gf\$; fgL Joxfg{k/\$f
5 . o; n]sv/fkfnS Joj ; folx?nf0{t
df/df kfVofleg]vl; , af\$fsf]dNodf eg]
ef/Lj lkfbSlo ; sf]c; / o; j if\$ff bz}
ltxf/df ; dt bYvg]cgdfg ug{; lsG .

nyx? k7fpff Wfg lbg' kg{S'/fx?

- != o; klqsfdf hf]sf]In]k7fPsf]g]fnL effffdf nlyPsf]s]if k]j lw ux0fdf xfl; n
cgej h]o nynf0{:yfg lb0g]5 . ; fy}s]if lj sf; df 6jf k]g]; fdflhs, cfly\$ kIfsf]
lj ZnifoffTds /rgfnf0{klg plrt :yfg lb0g]5 .
- @= pkof]L cgb]t nynf0{klg :yfg lb0g\$, t/ dh nlyssf]gfd / lstdasf]gfd klg
pNh] ePsf]xgkb\$. cfw/ ln0Psf]ny eP ; f]klqsf jf lstdasf]gfd klg pNh]
ug{k]b\$.
- #= nlyssf]gfd, kb, cfk]nsfo]t sfos]ho / 7]fgf :ki6; ff pNh] xgkb\$. sf]klgs
gfdasf 5kfpg rfx]hgfp]kb\$.
- \$= nyx? k7fpff lk]t k]f -!^ kf]f_ df 6f0k ul/Psf]/ rf/]t/ !÷! 0f 5f] nlyPsf]
k]\$f/ x]La9Idf !%)) zAbdf nlyPsf]xgkg\$ / ; f]nynf0{s]if ; fgf tyf ; ff/
s]b]f]0f]h agroinfo@wlink.com.np df k7fpg jf cfk]ncfP/ klg ; DalGwt zfvfdf
aefpg ; lsg\$.
- %= nynf0{pkoQmknf]k7fPsf ltgnf0{; d] ; dfj] u/L nyx? k\$flzt ul/g\$.
- ^= nysn]ny k\$flzt eP j fkt kfpg]kf]ldf n] k\$flzt ePsf]Ps j if]leqdf ln0{
; Sg'kb\$.
- &= o; klqsfdf k\$flzt nyx?sf]cf]s jf k0{efu hf]sf]In]klg k\$flzt ug{k]fpg\$,
t/ klqsf]nf0{; he{; fdfulsf]kdf lgb]6 ug{cg/]f] ul/6 .
- *= k7fPsf nyx? 5f]g]g5f]g]jf s]Lkl/dfhg u/L5f]g]; lk0{clwsf/ k]fg ; lkfbfdf
lg]xt /xg\$ / dfly pNh]vt dfkb08 k/f gePsf]ny 5f]g ; lkfb]s d08n afW xg]
5g . ck\$flzt ny lkntf]bg ; lkfb]s d08n afW xg]5g .

nyx?sf]k\$ff / kf]/>lds

- ! df]ns cWog / cg; Gwgsf]glthf / v]hsf]cfwf/df s]if lj sf; sf]lj leG kIfdf
; xof] k]fpg]ny !@)) -!^))
- @ ; he]sf]cfwf/df tof/ kl/Psf]ny !))) -!@))
- # cgej Pj + kmtfsf]cfwf/df tof/ kf/Psf]ny *))) -!)))
- \$ h]6P / a9L cfdf %)) -^))
- % slj tf, s]tkf0{yfxf 5 < s]if ultlj lw / c]o 5f]f nyx? #)) -\$))
- ^ kl:tsf !%)) -@)))

o; klqsf]nf0{k\$flzt ny, /rgf cfblsf]lj ifo tyf lj rf/x? nlyssf]lghLxg]ePsf]p
o; df ; lkfb]s d08n tyf s]if ; fgf tyf ; ff/ s]b]h jfk]L xg] 5g .

lj ifo ; lr

sV/f kfng Joj ; foIx? tyf cfd pke\$tfdf a8{km!
/flsf]k\$flkn]kfg{cfly\$ tyf dgf] fdflhs kefj x?

!

8f= sfl/ sfslk

alp lahg Joj ; fo ofhgf- s] lsg / s; /L<

^

8f= dfwj hflzL

vfg\$/fsf]u0f:t/ sfod ug}; /n pkfox,

!@

kdfb sf0/fnf
lj ho/fh l3ld/]

qm uf0{e}ldf ls6flzz /fl

!%

8f= olij zfx

a8km/fh jf/]hfgsf/L

!*

8f= azLzdf

6afld6/sf]rgf/L/ pkofutf

!(

Zofdsf0f l/hfn

sif hbj s lj lj wtf, o; sf]dxTj tyf ; Aifof

@!

cgdf e\$/f0f

wfgafnldf 9}fsf]pkofutf

@\$

; fg'sz/Lahfrfo{

s/lnf]vtLkjj lw

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ibn axfb/ lai6

abfdsf]dxTj tyf pTkfbg lj lw

#)

>Leujfg 7fs/

h}6LP= / a9Lcfdf Mcbj f vtL

#%

dbg sdf/ ; jfl

SV/f kfng Joj ; folx? tyf cfd pkefffdf a8{km'/fisf]ksfkn]kfg} cfly\$ tyf dgf] fdflhs kefj x?

8f= sif/ sfsl*

kf7eld

a8{km'0QkmPChf-P hfltsf lj iff0sf]sf/0f dñtMkHlx?df nfg]3fvf]L h:tf] Ps k\$fsf]/fli xf]. of]/fliaff hñnl/ 3/kfnj f bjy/lxf kHlx? kefj t xg; Sg]eP klg dh ñ kdf 3/kfnj f kHlx?df of]/fli lgs}3fts xg; S5 / ztkltzt; Dd dTo' u/fpg ; S5 . hñnlr/fx? eg]/fisf]lj iff0f af]L xbf:j:Yo ; dñ blyg ; S5g\ a; f0{; /f0sf] sddf/fli Ps 7fpff csf]7fpff kn]fpg eldsf vNg ; S5g\ a8{km'/fli dVou/L b0{k\$fsf] xGg\Ms d ; sfds vfnf] / clt ; sfds vfnf]Pr-kn0e=Pgj fg sf]sf/0f lj Zj JofkL ñ kdf kHlx?oj ; fodf 7h]f]kefj kg{uPsf]blyG . a8{km'cfkn]f lgs}k/fgf] /fli xf]. t/ kl5Nhf]; dosf]; sf0sf]z?j ft ; g\((^ df rIgsf]lj f8ff kftaff z?j ft ePsf]dfgG . xESEdf ; g\((& df dflg; sf] Hbfg hfg]u/Lof]/fli kn]Psf]kli6 ePkl5 o; sf]gofFrrf{z? xg kbf]. ; g\@) # bly sf]of xE}bIIfof k]kPlzofdf of]/fli kln g yfnkl5 o; sf cfly\$ tyf dgf] fdflhs c; /x? a9L blyg yfNg]sf ; fy}lj Zj JofkL dxTj klg a9b]uof]. sfzMbf]/fli To; kl5 duflhof, ?; , dW k]o/]fli clk]sf / bIIfof Plzof; Dd kn g kbf]. gkfnfd ; j k]yd of]/fli ; g\@) (sf]hgj/Ldlxgfd blyf]sf] lyof].

a8{km'sf]sf/0f dfgj lo Iflt
o; /fisf]sf/0f ; of]dflg; n]cfkn]f]Hbfg
udf0; sf]sf 5g\ lj Zj :j:f:Yo ; uggn]goldt
ñ kdf o; sf]tYofs cBfj lws ubh . ; g\

@) # blv @) !# hg @! ; Ddsf]tYofs cg; f/ xfn; Dd o; /fliaff ^#) hgf la/fdL k/\$f / To; dW]#&% hgsf]dTo' ePsf] 5 . o; sf]cy{/fli nfu\$fdW]^) kltzt ebf s]k a9lsf]dTo' ePsf]blyG . of]pRr kltzt]sf] dTo]b/ g}o; /fli]sf] ; a]ebf vt/gfs kf6f]xf]. clxn] Dd of]/fli kHlf6 dflg; df ; /]kdg dflg; af6 dflg; df ; /\$f] olsg kdf0f 5g . olb lj iff0f]:j?k kl/j tg u/Ldfg; af6 dflg; df ; g}; Sof] oxlpRr kltzt]df dTo]b/ sfod /xofleg]slt dflg; sf] dTo' xf]f eG]lrGtfn]g}of]/fli]nf0{clt dxTj k0f{dfg]Psf]xf]. of]/fliaff !% b]df dflg; la/fdLk/\$f 5g\eg]!@ b]df d/\$f 5g\ ; a]ebf a9L0Q8f]zofdf !%&, To; kl5 leotgdddf ^! hgf / Olh]df ^) hgf d/\$f 5g\ l5d\$L b]r lgdf @* hgf / bIIfof PlzofnLb]kfls:tsgdf ! hgsf]dTo' ePsf] tYofs 5 . To; afx] yfONbf08, ch/ahfg, sf]af]8of, 0/fs, nfcf], gf0h]of / 6s]kf dflg; x? a8{km'sf]sf/0f d/\$f]kf0G .

a8{km'sf cfly\$ c; /x?
a8{km'/fisf]axcfolds c; /x? xg]xE olsg; fy olt g}cfly\$ Iflt ePsf]5 eG lgs}sf7lg xG . o; /fli]cG ; sfds kz' /fli]n]h:t} dVot tIg k\$f/n] c; / k]ofpE5 . klxn]pTkfb -sf]s_ / kHl pTkfbg k]ofnL; E hf]8Psf Joj ; folx?nf0{ kHlsf]dTo' j f la/fdlsf]sf/0f pgIx?sf] nufgldf Iflt k]ofP/ . bf] f]; /sf/n]rfNg] lgoGq0sf]sbdx?sf]sf/0f cfkn]f]kifd]f /fli eP klg, geP klg sf]sx? kefj t xg

k[ગ\ t] f]o; /f]sf]sf/Of pTkGg xg]ahf/ kltlsfsf]sf/Of kHflsf]dfudf xg]ptf/ r9fj sf] sf/Of Joj ; fodf kg] Ifltsf] sf/Of . a8{km'sf]sf/Of ; +f/e/ kl5Nhf] bzsdf nfvf]sf]; Vofdf kHflx? d/]f 5g\ t/ To; sf]sbg uOff a9LkHflx? /f] lgoq0sf] nflu gi6 ul/Psf 5g\ st}Ifltklt{bP/ st} glb0sg . t/ slt kHfl d/] df/ of] eGg] ; Geof tYofsx?df Ps {ktf kf0bg . cfh; Dd gi6 ul/Psf kHflsf]cf] t tjh ! sHfl dfbf / cf] t dNob gkfnL ?= !)) dfbf dfq} klg !* ca{gkfnL ?lkoffa/fa/sf] t kHflx? dfq} df; Psf 5g\ gi6 ul/Psf kHflx?sf]pd], tjh, ksf] -h:t}afn/, n; ; kof/Of, nf\$ns_ cflbsf]olsg tYof gePsf] / bZ cg; f/ dNob km's xg]xlf 7dfls}dNob yfxf kfpg cToGt}S7Ig xG . gi6 ul/Psf c08fx?sf] tYof ; d] o; df ; dfj Z 5g . /f] lgoq0sf] sddf vr{xg]7hf] wg/fzL / /f]sf]lgf/fgL / lgbfg ug{nfLg] vr? ; d] hfg]xf]eg]a8{km'sf]sf/Of ePsf] Iflt lgs}dfly hfg ; S5 . lj leGg bZx?df a8{km'sf]sf/Of ; f]bZsf]eGv/g/L ; Jf ; b9ls/Ofsf] nflu ; d] lj Zj a] nufotsf bftfx?n]c/afsf]wg/fzL nufgL u/]f 5g\

leotgfddf ul/Psf] cWog cg; f/ ul/a kHflfns sffsx?n]cfkngf]cflbfg]sf!]) kltzt hlt gff; fglAoxf]sf lyP eg]a8{ km' lgoq0f ug{kHfl df/Psf]sf/Of sffsx?n] sh cflbfg]sf]cf] tdf @! kltzt udfPsf lyP eg]Jofkf/ klttaGwsf]sf/Of) =* kltzt udfPsf]b]vG . ef/tsf]klZrd au]ndf u]df]of kHflfnsx?n]cf] tdf !(cd]/sL 8n/ udfPsf lyP .

a8{km' /f]sf]sf/Of kHflhG pTkfbgx?sf] dfudf xg]ptf/ r9fj x?n] klg lgs}kefj kf/]sf]xG . /f] b]vPsf]; do j l/k/ kHflhG pTkfbgx?sf]dfudf sdLcfpF ahf/ dNob klg s]k 36sf]b]vG . o; sf]kefj :j ?k ahf/df cG df; x?sf]dNobdf j]c ePsf] b]vG . h:tf]ls leotgfd / sDaf]8ofdf kHflhG afx\$sf]df; sf]dNobdf ; g\@)) \$ sf]; sddf tfsf #) kltztn]j]c ePsf]lyof] eg]6s]f uf0sf]df; sf]dNobdf !@ b]v !% kltzt / OhKdf !% kltztn] j]c ePsf] lyof]. gkfnf klg olsg tYof geP klg a8{km'sf]; sddf ePsf]avt v; lsPsf]s]k ; dokl5 kHfl cfklt]f xg]sdlsf]sf/Of kHflsf]dNobdf ; d] j]c ePsf]b]vG . o:tf] l:ytaf s]k sffsx? lj z]f/L7hf pTkfbxs? a9LnfeG t ePsf]b]vG . of]/f]sf]sf/Of kHfl bfg pBf]x?n] klg gff; fglAoxf]kg] xG . 008f]zofdf ; g\@)) \$ sf]; sddfdf bfgsf]dfudf \$) kltzt n]sdLcfPsf] lyof]eg] ; g\@)) ^ df 6s]f ^ b]v !! kltztn] / OhKdf &) kltzt sdLcfPsf] lyof]. a8{km'sf]sf/Of sffs; F kHflvl/b u/Lahf/; Dd nhfg]lar]nofx? klg kefj t xg kufsf lyP . nfcf] df leolGt g j l/k/ /f]sf]; sddf b]vbf kHflcf] f/k; f/df nufPsf] @ dlxg] klttaGwsf] sf/Of lar]nofx?sf] cflbfgL \$) kltztn]36sf]lyof]. gkfnf} pbfx/Of lnx]xf]eg]erfksf]z/Offdltdf ; g\@)) (df a8{km' lgoq0fdf v16bfsf]nyssf] JolStut cg]ej df Toxf]f w}lar]nofx?n] cflbfg]sf] 7hf]lx:; f udfPsf lyP . t/ gkfnf o; af/]f cWog gePsf]jf eP/ klg kltj bg ; f]glhs ?kdf pknAw gePsf] xb]f tYof eG ufx]5 . la\$/ krmf]n] ; d] pTkfbt Psibg]rNhf? glasbf rNhf

uf8g'k/\$f]sf/0f jf ; :tf]f aRgk/\$f]sf/0f
gf\$; fgIx? Aoxfg{kg{cj :yf cfof]eg]a8{
km]sf]xNhf ; f]b ePkl5 klg dfu a9bf
rNhfsf]dNb a9f0{; f]gf\$; fgInfo{k/f u/\$f]
b]vG . kHlsf] cf]flw / EofS; g aRg]
Jofkf/Ix?sf]Jofkf/df ; d]t ; 'ttf cfPsf]
sf/0f cf]bfgIx? udfPsf]pbfx/0fx? 5g\
Ps cWogsf cg'; f/ 6s]f ; g\@))^ df
kHlsf]cf]flw / EofS; gsf]Jofkf @(
kltztn] 36\$fllyof]. /f] lgoQ0sf]nflu h]j s ; /Iff
dhat ug{nflg]vr\$flsf/0f klg kHlpTkfbg
dxuf]aG ku\$f]5 eg]o; sf]sf/0f slt
/f] ; sd0f sd eof]; f]sf]cWog xg]xf]
eg]of]vr\$flsf] ; sf/f]ds k]fj klg b]vg
; S5 . o; /f]af6 xg]cfly\$ gf\$; fgLHfb
uDeL/ xG . o:tf]gf\$; fgInfo{w} }s/fx?n]
lgoQ0f u/\$f]xG . h:tMlj iff0sf]pkhft,
c6 /f]sf]ksf], j ftfj /0f] tgfj, sv/fsf]
pd], lnE cf]b . Pr-% Pg!= ef0/; af6 xg]
cfly\$ gf\$; fgLlgDfgf; f/ 5 .

/f] nf] xg]gf\$; fgLsv/f kifd]f6 ; a}
sv/f x6fpf] jf df/] uf8g'kbf{ls; fgnf0{
lb0g] Ifltkt]k6 xfn; Dd g]kn ; /sf/n]
s/lj # s/f] lbPsf]5 . sv/f x6fpf / tx
nufpg]sf0{ug{kof]zfnf vr{Joj :yfkslo
vr{ /f]sf] /f]yfd ubf{xg]vr{ kifd]sf]
lg; sd0f ug{ Jofkf/s 3f6f ; j b]Laokf/af6
xg]3f6f ; /sf/n]pkTbsfdf ; a}vn]sv/fsf]
cf]f/ k; f/ tyf sv/fsf]df; 'las]lj t/0fdf
nufPsf]sf/0f sv/fsf]df; 'dfq las]ug{
(% kltzt k; n a6 xF !* lbgdf ^ s/f]
3f6f ; xg'k/\$f]5 .

a8{km]sf dgf] fdflhs c; /x?
a8{ km]sf] ; fdflhs c; /x? klg lgs]
xGg\ cfly\$?kn]kg{c; /sf sf/0f kg{

; fdflhs c; /x? afx\$ c6 ; fdflhs c; /x?
; d]t 5g\ h:tf]ls dgf]]flgs c; / . o;
:tDesf/sf]erkf / sf:s]lsf]; sd0f lgoQ0fdf
efu ln]fsf] JolStut cg'ej df klg /f]
b]vPsf]3/ j l/k/sf l5d\$ln]; f]3/nf0{eo
/ ; qf; sf]b]6n]xg{u/\$f]kf0of]. sltko
cj :yfdf t ; f]3/df hfg}8/fpg]cj :yf
; d]t b]vof]eg]/f] lgoQ0f 6f]L ; t]f]b
sk8f -JolStut ; /Iff ; fdflhs df hff
aRffx? 8/fpg]/ dgf]]flgs ; kdf ql; t
xg]u/\$f]kf0of]. o:tf c; /x?sf]cfly\$ dn]
geP klg o; n]df]g; sf]dgf] 1fgdf kfg{
c; /nf0{cff]f lrlDng eg]ldNb] . /f]
lgoQ0f ug{a]fdf /f] b]vPsf] If]x?df
ul/g]Bfno a6 h:tf s/fx?n]; d]t ; dfhdf
c; / kf] . To:t}o; /f]sf]sf/0f s]g
df]g; x?n]cfkngf]/f]huf/Ludfpg k]g\eg]
sltko s]ssx?n]cfkngf]k]f kl/j t]g u/L
c6 Joj ; fo z? ub]g\ lj z]fu/L ; fgg
s]ssx?df o:tf]c; /x? a9Lb]vG . c]kngf]
3/sf]kof]hgsf]kHlkf]g]s]ssx?n]k]b]gsf]
; f] udfpg]xb]f o; n]kfg]k]fj d]nfsg
ug{klg sl7g 5 .

a8{km]h]lj Zj kHlpTkfbg/df k]b]vPsf]k]fj
a8{km]' /f]sf]a9bf]k\$]ksf]afahb ; ;f/e/sf]
sv/fh6 pTkfbgx?sf]vkt eg]lg/ct/ ?kdf
a9Lg}/Xof]. ; g\@))^ ; Dd lj Zj sf]sh
kHlpTkfbg ; fo sl/a !) lanog 8n/df k]bf
h; dW]sl/a & lanog 8n/ ckz]wt kHlsf]
/ sl/a # lanog 8n/ k]z]wt kHlsf]lx:; f
lyof]. t/ ; du]f a9\$]f]ePt]k]fj o; /f]n]
ubf]lj Zj kHlpTkfbg/df lgs}ptf/r9fj x? eg]
cfPsf]b]vG . o; /f]n]ubf]kHlpTkfbg ; fodf
/f]sf]; sd0f ePsf lgoffstf]b]z]x?n]cfkngf]
lx:; f udfP eg]/f] gePsf b]z]x?n]cfkngf]
lx:; fdf ef/L ; kdf a9f]Lug{; km eP .



udfpg]dVo lgoffstfk?df yfONbf08 / rIg
 kdfv { kdf /x]eg]lgoff Xj fQ}a9fpgdf
 afhn cu:yfgdf /xof]. lj 1nju/\$f]ceInysf
 cg' f/ yfONbf08sf]; g^@) # sf]')) ldnog
 cd]sL 8n/sf]kHlsf]ckzf]wt df; sf]
 lgoff Jofkf/ ; g^@) % ; Dddf nueu zGdf
 em\$]lyof]eg]oxL c]lwdf rIgn]#))
 ldnog cd]sL 8n/sf]Ifit Aoxf]sf]lyof]
 t/ afhnsf]Jofkf/ eg]; g^@) # b]v @))^
 sf]alrdf !% ldnog cd]sL 8n/n]a9f]L
 ePsf]lyof]. ; eSt /f]b cd]sfsf]Jofkf/df
 eg]vf; }ptf/r9fj cfPsf]b]vPg . o; /L
 ; du |lj Zj kHlJofkf/df a8{km]sf]kefj
 vf; gk/]klg b]z lj z]sf]s/f ubf{a8{km'
 ; s]df ePsf 7hf lgoffstf{ b]zx?nf0{
 gs/f]ds c; / k/]sf]b]vG eg]a8{km'
 ; s]df gePsf 7hf b]zx?n]o; sf]knfbf
 p7fPsf]b]vG . a8{km'; s]df]lj Zj kHl
 Jofkf/sf]csoft lgoff tl/sfdf eg]cfdh
 kl/j tg cfPsf]b]vG . lj z]f u/Lof]/f]sf]
 sf]of cfk]g]lgoffnf0{sfod /f]g yfONbf08
 / rIgn]7hf]nufgL u/L k]f]vg pBf]u?
 VffhL lgoffnf0{ckzf]wt kHflaf6 k]f]wt
 kHldf ; f/]sf]b]vG . km:j?k yfONbf08n]
 k]f]wt kHlsf]; g^@) # sf]%^ ldnog
 cd]sL 8n/sf]Jofkf/nf0{; g^@))^ df
 !!*% ldnog 8n/df k]f]of]eg]rIgn]; g^@)
 # sf] \$ (@ ldnog cd]sL 8n/sf]
 Jofkf/nf0{; g^@))^ df & (ldnog 8n/df
 k]f]of]. k]f]wt kHlP]kfbgdf Jofkf/ k]tj Gw
 gnflg]ePsf]sf]of of]kl/j tg cfPsf]xf].

b]lf]of Plzofdf a8{km'
 a8{km'/f]af6 g/fd/Lkef]t If]dW]g]fn
 /x/]sf]b]lf]of Plzof klg Ps xf]. b]lf]of Plzofdf
 >Insf / dflNbE; \afx\$]sf dh]sf of]/f]b]
 b]v; s]sf]5 eg]au]fb]zdf of]/f] :yflkt

e0; s]sf]lj Zj f; u/]G .

cGdf Pp6f lgZsif{
 dflg; sf]jf:Yo ; fdflhs, cfly\$, jftfj /Olo
 kefj, vfgfsf]k\$]t, df] dLkl/j tg cfbsn]
 kef]t ePsf]xG . hg:jf:Yosf]b]6sf]f]n]
 a8{n'/f]nf0{lgs]dxTj b]OPsf]5 . cfhsn
 a9bf]hg; Vofs]rflk, ; 3g v]L k]ffnL /
 lj Zj Jofkf/ ; 3n]ubf]lj b]zLp]gt kzkHlsf]
 csoft jf lgoff a9L/fv]sf]Plzof, clk]sf
 / o/]df of]/f]sf]k\$]f] a9L/x]sf]5 . o; /L
 PSsf]0; f]ztfa]ldf b]yf k/]sf]of]/f]n]kzkHl /
 / dflg; nf0{; dt ; qndf ug{ePsf]eG]g/L
 / d]8sn lkrlhl; Pg]n]; dG o u/L Ps]
 :jf:Yosf]cj wf/Off cg' f/ dflg; / kzkHl
 b]sf]h]g /If ug{kg{b]vG . eG]g/L
 / d]8sn lz]ffdf s; /L kzkHl :jf:Yo /
 hg:jf:Yon]Ps csf]f kefj kf]b]g\eg]
 s/f lj Bfy]hf]f]l; sfpg' kb] . eG]g/L /
 d]8sn j]flgsn] Ps cfk; df ldn]
 hg:jf:Yodf ; /f]sf] /f]g]a8{^n'/f]sf]
 cg' Gwfg u/L goffgoffF; f]sf]lj sf; ug{
 cfhsf]cf]Zostf b]vG . /f]bn]cj nDag
 ug]g]tn]gful/ssf]h]g]z]h]L h]g:t/ /
 h]g]g]sf c]o k]fnf0{kefj kf/]sf]xG .
 hg:jf:Yo dsgj lj sf; sf]Pp6f kf]sf]ePsf]h]
 o; nf0{/f]b; f]sf]; DaGwn]kefj kf]g]s/f
 :jtMz4 5 . hg:jf:Yosf]lgldt cf]f]us
 / jftfj /Olo glt T]Qs]dxTj k]f]xG . of]
 /f]b]ze/Lk]ng g]bg sv/f kfng Joj ; fo; F
 ; DaGwt Joj ; foIx?, s]df]f/Ix? /
 pkefQ]nf]x?nf0{ ; r]gf hufpg] vfnf
 sf]of]sf]sf]og ug]k]f]df h]s ; /If
 ckgfpg] ; do ; dodf k]f]zfnfdf k/]f]of
 u/fpg] / pkefQ]nf]x?n]sv/fh]o kb]f]y? /
 /fd]LksfP/ vfgkb] . ; fy}kz'; jf lj efu,
 :jf:Yo ; jf lj efu / sv/f kfng Joj ; foIx?

aIr ; dG o u/LSj f/Bf0gnf0{s8f0\$; fy
 nfu "ug{; s\$df ev{}km6fpE}u/\$f]kf]Bk
 pBf]sf] elj io cfhsf lbgdf hflfpg
 ; lsPnf . o; p; n] sv/f kfnS ls; fgn]
 a9Lh]s ; /Ifsf pkfo ckgfpg' plrt /
 o; af/]ahfdf ; rgf k]fx, kHlsf]zsf:kb
 dTo'ePdf b] lgbfg sg}7fpf o; /f]sf]
 ; s\$0sf]kl6 ePsf]ahf /f] lgoq0gsf]
 b] pkfo ug{; lsg]5 . xg cfh h:t}sv/f
 kfng Joj ; folx?n]cfkmgf]kf]Bk pBf]df
 d/\$f sv/f af6fdf ldNsfpg]clg la/fdL
 sv/f ahf/ k7fpg]xfleg]sv/f kfng pBf]
 Joj ; fo hflvddf klg b]vG . lsgeg]
 Joj ; folx?sf]; u7t bafj df ; /sf/Lg]t
 lg0k ksf] t kfg{; lsPnf t/ a8km'/f]sf]

lj iff0sf]k; f/0nf0{o:tf kof; n]keflat
 kfg{ ; sIPnf h:tf]5g . o; nf0 eStk/
 lhNhfdfdf /f] knf k/\$f]3f]0f kl5 lgoq0f
 sfo{yf]bf; Dd l; hgf ePsf]lyt tyf c6
 7fpf]af/df ; k]f]0f ul/Psf ; dfrf/n]cfdf
 hgdfg; df kYofPsf]kefj n]b]vPsf]5 .
 lsgeg]o; /f]sf]xNhf x]df dq}k]lg lautsf
 lbgx?df g]fndf dfq}ge0{l]sl; t b]zx?df
 k]lg ^) k]tzt ebf a9l]df]g; n]sv/fsf]
 df; ' vfg 5f8\$]f clen] 5 . Joj ; flos
 lj Zj f; lgotf b]vfp]kfnf]ca sv/f kfng
 Joj ; folx?sf] lhDd]f/L xg k]sf]5 .

*nysM\$]b kz'/f] cG]0f kof]zfnf lqk/Zj /df
 j l/i7 kz' lrlsT; s kbdf sfo{t xg]G .

sfs / df6f]

; fe]eb|ls; fg adlofExFd >dsf]cf]g}klxrfg xF

dfG]lgwg xRtyfkLdgsf]; d]f 0; fg xF
 d]/f]b] p7fpg]>d]ssf]xRkv/lsf]an
 ; Rrf ; j]s /f6sf]; kt xF Tofqsf]j]ej
 df6f]h]j gsf]cdNo uxgf df6}; ufl/sg
 df6f]r]dag ub5'd vlzn]vf]d]f]dg
 df6f]leq ; x; yf/ kl; gf kf]l l; rfpE'
 afEm]/f]bg vt ?G dg of]hft]; DfpE'
 ; Vvf df} ddf klg d lj ?j f /f] xsf]5'
 nfvf]krh kmfp5'/ kmhsf eGf leqfpE'
 cfkrhvfo{gvf0{b] e/df kmkrh 6qifp5'.
 d]/f]kf]v leq uj {/fVg]cfsfzs]lbks
 d]/f]hff/ leq km km]lj Zj f; sf]; rs
 d]/f]hff/df kkmh dgn]of]b] d!sf]pE
 afx}dfif l; ufl/P/ w/tLrf]LgofEnfpE
 afx}dfif l; ufl/P/ w/tLrf]LgoffEnfpE .

kf; = dlof/fd bj f8L
 s]f ; j]f s]b|6f]h, eQm' .

alp lahg Joj ; fo ofhgf- s] lsg / s; /L<



8f= dfwj hfzE*

alp lahg Joj ; fo ofhgf s] xf] <
alp lahg Joj ; fo ofhgf eg\$] Pp6f
k\$] sf/LJoj :yfkslo k4lt xfjh; n]sifssf]
alp lahg Joj ; fonf0{s; /L; f\$] fng ug{
eG] s'/fsf] vfsf k\$] fg ubh . o; n]
Joj :yfkslo ; fwgsf] kdf Joj ; flos ofhgf]n]
k\$] ugkg{InIox? lgwf]f u5{/ ; kmtnk] \$]
Joj ; fo rnfpq ; 3fpE .

alp lahg Joj ; fosf] cfj Zostf lsg <
g]fnsf b\$] kxf8LlhNhf] df s]f pTkfbg
36b}hfgsf]lj lj w sf/0fx?dW]k\$] sf/L
?kdf alp lahg pTkfbg, cflkt{tyf lj t/0f
k\$] fnsf]cefj g}Ps k\$] v sf/0f xf]. ; :tf]
/ u0f:t/oQmaIp pTkfbg :yfglo:t/dg g}
pknAw u/fp/ lhNhf] nf0{ alp lahgdf
cfTdlge{ u/fpg' ; dosf] dfu xf]. o; df
alp lahg Joj ; fonf0{gfkrfvL s]kg]sf]
?kdf :yfkgf ug{k\$] v nIo /fvPsf]xG
tfls of]bluf]?kdf ; f\$] fng xf]cf] / pCglt
ubf]hfcf] \

pBdzIntf s]xf]<

o; df Joj ; fo, pTkfbg ofhgf, ahf/ls/0f
ofhgf, cfly\$ ofhgf / hgzlQmofhgfx?
kbh\$g\ pBdIx?n]s]u5g eG]s'/fsf]j 0f
g}pBdzIntf xf]. pbfx/0f]nf] pBdIx?
JolQmt k\$] ; u/] pBd ; DaGwLvt/f df]g]
jf gdfNg]eG]af/]cgdfg ubh\$g\ o; df
; f\$] ; sng u/] gof]Joj ; flos sf]dx?
ul/G] . ; fy}o; df gj lgtd lj rf/x? ; dfa\$]
ePsf]xG h; af6 ; d:ofx? ; dfwg ug{
rgf]lx?sf]; fdgf ug{cyjf /fd/Lkl/eflift
ul/Psf]ahf/sf]cfj Zostfnf0{; Gt16 kfg{
vfnsf ultlj lwx? kbh\$g\

alp lahg Joj ; fo ofhgfdf s; /L tof/
ul/G] <
ofhgf ; /n efifdf n]vPsf]xgk5{t/ To; df
kof] ul/g]; f\$] / ; fwgx?sf]la:t\$] lj j/0f
; dfj \$] ePsf]xgk5{/ tL; f\$] x? s; /Lk\$]
xGg]tyf pBdnf0{s; /L; f\$] fng / Joj :yfkg
ul/G] eG]s'/fx? vhfoPsf]xgk5{. sg}
alp lahg Joj ; fo ofhgfdf cfsif\$ cfj /0f
k\$] xG] / To; leq k\$] v cux? ; lxtsf]
lj ifo-; lr ; dfj \$] ul/G] h; df k]/ro,
K]/rfng ofhgf, lj Qlo ofhgf, ahf/ls/0f
ofhgf, Joj :yfkg ofhgf / pk-; x\$/
kbh\$g\

K]/roleq cfj /0f k\$] v fsfdf kfg{kg]{
Aoxf]fx?

!= pBdL; \$yf]sf]gfd

@= ; lks{7]hfgf, 6]nkrf] g#

\$= 0]h 7]hfgf

%= ; \$yf hgfpq]cfwsf]s ; /n lgzfg
5fk (Logo) /

^= Joj :ffo÷pBdsf]gf/f

&= ldltM; fn, dlxgf, ut]

!= kl/ro

=====; xsf/L
; \$yf ln= s]fs ; d\$]sf]:yfkgf @) ^===== df
ePsf] xf]. of] ===== lhNhf]sf]
=====uf]j =; = df kbh\$. o; df
=====; b:ox? 5g h; dW]=====k?if
/ =====dlxnf ; b:ox? 5g .
; \$yf :yfkgf ug\$]sf/0fx?df alp pTkfbg
ug{tyf ; f\$]sf]cf]t/s Pj +afx@ ahf/sf]
cgdfg b]fpg, sg]lgZrt ; do cj lwdf
; \$yf]gub k]fxslt ; dd ug]u/fpg]eG]

s/f lgZrt ug{ ; #yfsf]sf/fj f/ Ifdtfslt
; Dd xG j f xg ; S5 ; f\$]kI]f]of lj Qlo
lgsfox?nf0{.ki6 vhfg, Joj ; fonf0{; km
kfg\$]nflu ; kmtfsf ; Df]otfx? a9fpg
; #yfsf]pBdzIntfsf]dNbfsg ug{h]ydsf]
Gogls/Of xg]u/L ofhgf tof/ kfg{tfls
pBf]sf]; fng ug{o; n]dfu{lbfz lgb]z
u/f] V qd]s ?kdf o; nf0{; fdu]sf]
?kdf lng ; lsof], cfkngf]pBdzIntfsf]
j hf/ls/Of / sf/fj f/ a9fpg / cfkngf]
Joj ; flos nIo / p2]ox? s; /Lxfl; n ug{
eG]s/f b]yfpg . o; k\$]sf]Joj ; flos
ofhgf dVotof lgDg # kZgx?sf]pkotm
pQ/n] dfq ; lglZrttf to ubh .
s_ cTofj Zos ; ftx? s] s] 5g <
- dfgj lo, lj Qlo, cflb_

v_ oL ; ftx? sxflf6 kft xg] 5g <
u_ oL ; ftx? s; /L pkofh xg] 5g <

/flis alp lahg ; ldlt cGtsf sg}klg
afnl]sf] hftlo pGdf]g÷cg'df]g÷btf{
pk-; ldlt af/f pGdf]rt÷l; kf/z÷; lrst
ul/Psf / xg]hftx? ; #yfsf]alp pTkfbg
sf]n]df ; dfj z xgkg]xG . oLhftx?sf]
pTkfbg Ifdtf a9L ePsf, l5f]kfSg] /f]u
gnflg] ; :tf]/ pRr u0:t/oQmePsf]sf/0n]
; #yf Pj +pTkfb]auhf0{; dt nfekh ; flat
xg] . pk/f]msf/0x?n]ubf]lgs6 elj iodf
alp Jofj ; fol]s/0fdf /fdf]dgtkm xg] 5 .
o; af6 ; #yfsf] pHj n elj io :flgZrt
xG .

kmf]gfd]sf]; #yf ln= Ps gdgfh]o alp
Joj ; fol]s/0f ug{; #yf xf]. o; nf0{; DalGwt
lhNhf s]if lj sf; sf]f]on]tyf l8lehg
; xsf/Lsf]f]on]:yf]gf ug{; xofh kYfpg]
qd]df 5 . o; nf0{lgs6 elj iodf alp lahg
sf]k?nf0{Jofj ; flos ; kdf :yflkt ug{
o; sf]kdf v nIo /x\$]f]5 . o; cGtu]ef8}

= hgf cu]f s]fsx? ; b:o xg' xG /
; #yf; F s/f/gfdf u/] -cyjf 3ldt s]fsf
/sd :j ls] u/fP/ ; dt lgodfg' f/ COf
lnP/_ alp pTkfbg ug{s]fsx? (Contract
Farmers) dW] ulgg' xG . ; #yfsf] ==
; b:olo Ps ; ffn]s ; ldlt 5 . cWif; F
w/]j ifsf]nfdf]cgej 5 / alp pTkfbg
sf]f]o]Joj ; fosf] ; kdf :yflkt ug{u/fpg
pxf]f]7h]f]of]bfg 5 . ; #yf ; fngsf]nflu
cfj Zostf x/L dh ; ldlt cGtu] :fehs
; lxt hDlf # % hgfsf]lj leG pk-; ldltx?sf]
u7g, ltg]x?sf]sf, st]o / clwsf/ t]sg]
u/Lsfo]j efhg ; fw/Of ; efaf6 kf/t u/f0{
; f]nfu"; dt ug{kg]xG .

@= kl/rfng ofhgf -Operation Plan_

-s_ ; #yfsf]nflu cfj Zos hldg hfobfb /
j ftfj/Of ; xfpf]f]efts :f]rgf sf]f]o 3/,
uf]fd, alp r6g]/ bf0{ug{vlnofg tyf
afnLleqdfP/ /f]g]vn]hf 6x/f]f]Joj :yfkg,
alp pTkfbg, kZf]g tyf e08f/0sf]nflu
cfj Zos b]vPsf lj leG dlzg/Lcf]f/x?
-tf]hg]Afn] , lr:ofg g]f]o]q, alpsf]
gdg]f lng]; fwg, alp kf]f kfg{af]f /
khfli6sx?, alp pkrf/ ug{xft]dlzg /
lj iffbl af]f l; pg]dlzg, cflb_, Pj +ef]ts
:f]rgfsf]; dt :yfkgf, alp pTkfbg ug{
; b:o s]fsx?sf]nflu z?sf]cj :yfdf s]L
j ifs]slt pTkfbg ; fd]ulk? pknAw u/fpg]
s/f ofhgfdf xgk5{. o; sf]nflu ; #yfsf]
alp pTkfbg ofhgf, cfj Zos pTkfbg ; dfulsf]
ofhgf ; f] d]h alp, dnvfb lj iffbl cflb,
sdff/L pTk]0ff ofhgfdf]; f] ePsf]xg]
kbh . ; #yf; F s/f/gfdf u/] alp lahg
vtLu/]f s]fsx?n]sRrf alp pTkfbg tof/
u/] af]f s:tLul/Psf]cj :yfdf ; #yfnf0{
laq]h ug{k5{h; sf]dN lgwf]of afnL
leqdfpg]dlxgf ; Dddf e0{; s]f]xgk5{.

x/\$ cfly\$ ai\$lf lhNhf s\$if lj sf; sfosf\$on] lhNhf :t/lo alp lahg cfldlge{ ; xof\$u sfosf\$on] ; xefuLxg]s\$fs ; d\$÷; xsf/L ; \$yfn]egkg{alh j \$if s\$fs ; d\$sf]lj j /of knf/d tyf lhNhf s\$if lj sf; sfosf\$on] DISSPRO c\$ut/ut lj z\$if ; xof\$u sfosf\$on] cfj 4 x'g rfxg'h] alh j [4 s\$fs ; d\$÷; xsf/Lsf]; xdlt kq / lj j /of lhNhf s\$if lj sf; sfosf\$on] e/] k7fpg' k5{. lhNhf s\$if lj sf; sfosf\$on] klg cf-cfkng] lhNhf c\$ut/ut sg sg s\$fs ; d\$÷; xsf/Ln] lhNhf:t/lo alh j \$if cfldlge{ sfosf\$on] tyf pTkfbg lj j /of eg{kg{xf}; f]e/L ; DalGwt Ifqlo alp lahg kof\$u zfnfdf k7fpg' kb\$ / v\$ lg/IIf0sf] nflu alp lg/IIf0f ug} k\$if lwsnf0{ ; DalGwt lhNhf s\$if lj sf; sfosf\$on] cg/f\$if kq k7fpg' k5{/ cfj Zostf cg'; f oyf; dodf ; a} ; d\$sf ; a} alp afnlx?sf]v\$ lg/IIf0f u/fPsf]xg' k5{. ; fy} alp pTkfbg tyf lj lqmlj t/of k\$if nflu ; cfklt{; Dj GwL tfnd, ; lk cflb s; /L to ug{eG]af/]; f\$ xg' kb\$. s/f/gfdf u/L ; \$yf; F alp pTkfbg ug}ls; fgx?sf]alp vl/b u/] :f:yfsf]u\$if dddf /fVg x/\$ l; hgsf] Ps lgoldt k\$if nflu alp vl/b ug{kFL (Capital) sf]Joj :yf xg' kb\$. o; tkn{ ; \$yfn] ug{kg{qnd s % sbdx?df lgDg s/fx? kb\$g\

- ★ s/f/gfdf ug]pTkfbg ls; fgaf\$ k\$if lft xg]t/ k\$if xg kg{:t/sf]ckz\$if wt alp v/lb ug}
- ★ alp ; \$ifpg] k\$if xg, u\$if a/ alp pkrf/ ug} kof\$on] ug{tyf e08f/0f ug}
- ★ oyf; dodf ; DalGwt cflwsf]s tl/sfa\$; a}n6sf alpsf]gd\$if lng nuf0{alp hff

u/f0{l/kf\$[ng]

- ★ pkotm; f0hsf]kof\$ u/f0{k\$of\$ kof\$df alpsf]; s\$if kq ÷gfd kq /fVg](Bagging & Tagging)
- ★ alpsf]dNb lgw\$of ug}/ alpsf]cfst/s tyf j fx\$ Ifqdf ; d\$if vktsf]nflu lj t/of / ahf/ls/0sf]Joj :yf ug}.

#=lj Qlo ofhgfM

lj Qlo ofhgfdf cfj Zos tyf ck]ft lj Qlo ; ftx?sf]5nkm ePsf]xg' k5{. ; dli6df lj Qlo ofhgfdf] ; kdf ; dfj \$ xgkg{s/fx?df vr\$, laqnh lj t/of Pj +gfknsf]ofhgfx? kb\$g\ h; n]lgDg s/fx? b]fpg] cgdfg ug}of 5nkm ug{h:tf s/fx? ; d]6Psf] xg' k5{.

vr\$if] n]fhf]vfsf] efu (Cost element)

!= alp pBf]sf]sh vr{slt xfif cyj f alp Joj ; fol\$/0sf]nflu kf/lDes lj Qlo ; ftsf] cfj Zos vr{slt nfif ; f]sf] n]fhf]v /fVg]/ Ps j if{ Dd ; f]fngdf s] slt vr{ug{cflb s/fx? ; dfj \$ xGg\h; df hldg / ef]ts lgdf] d]zg/Ltyf cflb/x?, pTkfbg ; fdulk? -dh alp, dnvfbx? cflb_, ef]ts ; fdulk?sf]cfk\$if kof\$on] ug} alp pkrf/ ug{cflb_ / k\$if; lgs vr{ kb\$g\

@cfly\$; ftsf]Joj :yfkg s; /Lug{eG]f cfst/s j f cfkng}nufgL z?sf]cj :yfdf slt dfqfdf cfkng}; fta\$if ug{; lsg]vr{ ; fdbflos nufgL C0f / C0f ln0g]ePdf s] slt dfqfdf C0f rflxPnf ; f\$if]lgw\$of ug{ tyf s]s]lwtfsf]; f\$, cgbfg ; xfotf lng] ; Df]o ; ftx?, cfly\$ s\$ifsf c? sg}; ftx? ; \$yfsf]l:y/ kFL / rfn' kFLsf]; f\$ / Joj ; fosf] k\$if]kt sh vr\$if] cgdfg cflb .

a]lavgsf]nyfhfyfsf]efu (Sales element)
 cflkgf] Jofj ; flos :f]ofsf] sh laqmlsf]
 -cfosf] k] f]dfg nyfhfyf s]slt xf]hf <
 dgfkrifsf]nyfhfyfsf]efu (Profit element)
 ★ cflkgf] Jofj ; flos ; :yfsf]dgfkrifsf]sfo{
 ofhgf -dgfkrifsf]cfsf/_ /
 ★ lj Qlo j t]f]t -j 0fg_x?Mcfkg]; :yfsf]
 sfo{ ug{ ; Sg] Ifdtfsf ; ldIff .
 lj Qlo lj j/Of (Financial Statements)
 o; /Lj Qlo ofhgfdf j 0fg ul/P cg' f/ nfg]
 sh nfut, sh cfo / dgfkrifsf]:t/ aenl5
 ; :yf ; km xg]gxgaf/]t:j L/ :ki6 xg
 hfG . tnsf lgDg tlg t/lxfx?j f6 lj Qlo
 ofhgfssf]lj /0fnf0{cema9L:ki6 kfg{; lsG.
 s_ Pp6f rfn'gub kj fx tof/ kfg{
 Pp6f rfn'gub kj fx ofhgfssf]lj :t]t kdf
 Ps l; hgsf]nflu agfpg] rfn'gub kj fxsf]
 ofhgfssf]cfsf/df ; :yf f6 kTo\$ dlxgfd
 slt vr{xG / dgfkrifslt xG eG]lx; fa
 lsfafsf]hfgsf/L s; /L/fVg]< ; :yfnf0{
 sg}klg j hf gubsf]; lgZrttf s; /LxG
 To; sf]olsf s; /Lug]< / sg}klg dlxgfd
 gub ; t]hg 3f6f jf cefj ; rs ePsf]xg'
 xEg .
 v_ cflkgf] Jofj ; flos ; :yfsf]k]f]kt dgfkrif
 / 3f6fsf] j 0fgsf] nyfhfyf -j t]f]t
 agfpg]
 o; df ; :yfsf]dgfkrifsf]Ifdtf b]fpg ; Sg'
 k5{tyf Ps j ifsf]k]f]kt dgfkrif / 3f6f
 lj j/Of lbg ; Sg' k5{. o; j f6 /x]f afnL
 nufpg]l; hgsf]cGofdf gfkfj f 3f6f s]
 xG yfxf kfpg ; lsG . ofj 0fgf f6 afnlsf]
 l; hgsf]cGofdf vr{tyf cf]bfg]lsf]u/L
 Psj ifsf]lgDg b0{k\$f/sf]lj Qlo lj j/Ofsf]
 cj :yf yfxf xG .
 u_ Ps j ifsf]cj lwsf] cf]bfg]vr]f]/
 df]bf alp lahgsf]jf; nft -Balance

Sheet_ agfpg'k5{.
 3_ ; jbhglzntfsf]lj Znif -Sensitivity analysis_
 sf qmldfsb]kdfv lj Qlo rfnkFL gePsf]
 cj :yfdf Jofj ; fodf s]c; / knf{< ; f]
 xg].
 x/ lx; f]sf]vftf -axL
 cflkgf] ; :yfsf] x/ lx; fasf] /\$8{k?sf]
 Joj :yfkg .
 lj Qlo ofhgfssf]gdgfm
 of]ofhgf] ; :yfsf]nflu Joj ; fo rnfpg
 nfg]z?sf]nfut vr{tyf Joj ; fo z?j ft
 ug]sf]nflu rflxg]k]f]lsf]nyfhfyf /fV5 .
 o; sf]cnfj f ; :yfn]aif{el/df wfg / ux]f]
 klxnf alp afn]f f6 s]slt cf]bfgLug{; S5
 ; f]kg :ki6 kfg{k5{. ; :yfsf]sh :yfkgf
 vr{slt xG tyf klxnf]j ifsf]lj leG l; hgsf]
 ds}wfg / ux]f]alp p]kfbg ug{nfg]rfn'
 k]tzt vr{b]fpg ; Sg'k5{. o; df d]zg/L
 tyf cf]hf/x?sf]vr{ k]f; lgs vr{-clkm
 ; Kf0h, nyfksnf]tna vr{ HfdL vr{
 tyf ahf/ clej]4 ug{l]j 1fkg vr{cf]b_,
 alh j]4 ug{vr{-rfn'k]fut vr{ cGo
 vr]f k]f]wt alpsf]laqm]lj t/Of vr{cf]b
 klg kb]g \
 cf]bfgL j ifsf]lj leG l; hg]df ds} wfg
 / ux]f]alpx? a]f] ; :yfdf h]df xg cf]psf]
 /sdnf0{ cf]bfgL dflgG . pk/f]m; a}
 sf]f/x?sf]afnL lkR5]5\$]f 5\$]lx; f] b]vg]
 u/L/\$8{/flvPsf]xg'k5{. sf]f/ ePsf]
 ; a}afnlsf]jf; nft -Balance Sheet_ b?:t
 /fv]f]xg'k5{.
 lj Qlo ofhgfdf 3ldt sf]fsf] :yfkgf u/L
 ; :yfsf ; b:ox?af6 /sd p7fpg'k5{/ cGo
 j fx] ; f]x?sf] klg k]f; ug{k5{h:t}
 ; /sf/L tyf u}; /sf/L ; f]x? . 3ldt sf]f
 ; f]ng lalw klg Ps dxTj k]f{k]f xf]. oL
 ; a}s]fx?nf0{; d]f] Ps ; j]f]o 3ldt sf]f

kl/rfng lgb]zsf -Operational Guideline of Revolving Fund_ 5§} tof/ kf/L To; nf0{ ; fw/0f ; efaf6 kf/t u/fP/ ; :yfsf]3IDtsfif ; rfngdf To; nf0{l j lwj t \nfu' u/] ; a} ; b:ox?n]kfng ug{kbg . 3IDtsfif ; rfng / cglidg klqmf, nufglsf]Jofhsf]b/, ; Jf zNs, b08 hl/j fgf, ; fJ wfgL ckgfp' kg{ sf/0f / lg/fs/0fsf pkfox? h:tf lj Qlo cg'zf; gsf s'/fx?df /fd/L Wfg kYofpg' k5{.

S= ahf/ls/0f ofhgf

j hf/ls/0fsf]sg}kdg /0fg]ltdf lgDg cfw/et² \$ tTj x?MpTkfbg, dNb, pTkfbt 7fpRtyf Jofj ; foIs/0fsf]a9fj f kb5g\

S= pTkfbg -laqmhug{alp_ alp lahg aJlavg ug\$fl nflu ahf/df o; sf]kefj sf/Ldfu 5 5g dNbfsf ug{k5{ / o; af/] s]fsx?n]s] rfxGg cyjf s] rfxb]gg ; fl yfxf kfpg ; Sg' k5{. o; df tkl; nsf jHx? kb5g h:tMalsf]vfl; ot s]5 < -vf; afnL hft of u0f:t/ ca:yf cflb, sg Ph06, Jofkf/Lof s]fsx? ufxssf] ; kdf xg]5g\ ltgx? sxfl5g\, ltgx?sf] v/lbf/lsf]; fk]fs cfsf/ s]s:tf]xG < oxL; :yfs}alp lsG]eG]s/f lsg kfyldstf lbGg < / sg vfnssf]kf\$ f of yhfdf sg kf\$ f kfg}; fdulk?, slxn]alp pkrf/ ul/G / lsg < cflb s'/fx? .

v= 7fpF

o; df pTkfbg lknB -7fpF ; fk]fs b/L alp kzflgsf]j ftfj/0f, alp e08f/0f ; lj wfx? tyf aJlavg s]b? kb5g\ hg oftsoft vr\$fl; fy}ufxsx?sf]; udif h:tf s'/fx? dxTj k0f{ dflgGg\ 7fpF] ; Oeif lgDg s'/fx? kb5g\ h:tMoj ; foIs/0f:pBdsf] sfofho, e08f/0f / kzflg s]b?sf]; lj wfx?, laqmh ug{s]b|laB'; klt:kwl? sf]xg /

• ! •

ltgx?sf]b/L alpsf]sf/f/ ug{j tJfg cj :yfdf ahf/sf]; fk]fs dfun]slt; Dd 7fp cf]6b5 < s:tf]k\$ f/sf]ahf/sf]dfWd / k0ffnL dfhb 5g\ tL sxfl5g < cflb s'/fx? .

u= dNb

pTkfbg nfutsf cfw/df alpsf]dNb lgwf/0f ul/G . c? ; Kf0\$ t]f]rfh{nufP cg' f/sf] ufxs ju]lyk dNb ltg{tof/L tyf cflm] ; f]cg' f/sf]d]gfkf]sf]xbnf0{klg ; f]g' k5{. alpsf]k\$ It / To; sf]ahf/ dfu tn lbOPsf oL s'/fx?df e/ kb5g h:tMolb kmis ePdf klt 0sf0 dNb PhG Ix?, Jofkf/Ix? cyjf s]fsx?sf]nflu s]lt / lsg < cflb s'/fx? .

3= sf/f/ f/ j]sf]sf]o{md

alp lahgsf]ahf/ls/0fsf]/\$8{jj/0f ; :yfdf b?:t / flvPsf]xgk5{. alpsf]dfu ; sng / cBfj lws dNbaf/ hfgsf/L tflnsf cflb . lj leG :t/sf pkefQfxf?nf0{; :yfn] lj leG vfn] tf] tl/sfx? j f /0fg]ltx? ckgfp/ tyf k] {; lrt u/] alp vl/b ug{ k]t ug{k5{.

%= Joj :yfkg ofhgf

%! ; u7g / Aoj :yfkg ofhgf

; :yfsf]Joj :yfkg ofhgf]; u7g kIfsf]tyf Joj :yfkg kIfsf]9fFfaf/lj 0fg u/\$f]xg' k5{. sdff/Ix? sg klqmf ckgfp/ egf{ug] tyf lbgf]lb g sg lj lw / cfw/ ckgfp/ Joj ; fosf]; rfng Pj Joj :yfkg ul/G ; f] vhfp' k5{. o; leq kg{c? yk s'/fx?df ; :yfsf]sf/f/ ug{; b:ox?sf]gfd]f nL / lhDf]f/L ; :yfn]sg ; lk ePsf]yk sdff/L sg sfdsf]nflu egf{ug]/ lsg el \$/f / ltgx?sf]egf{k]amf, tnadfg, ; :yfsf] ; u7gf]ds 9fFf sf]kf?k, ; :yfsf]lx; f]

lsf / /\$8{ k|qmf / Joj ; fo ; wf/sf] nflu / \$8 / fVg] k0ffnIx? kb5g\ . %@ / \$8{/fVg]k0ffnL (Record keeping systems) / \$8 / fVg]k0ffnLw]dxTj k0{s/f xf]o; afb Joj ; foaf/]pkoQmlg0f6 lngk/dl Joj ; fo ; DaGWLcfjZos ; xL; rgf k]fxsf]cfj Zostf kg{; S5 . ofhgf thdl ug[klqmfdf / \$8{/fVg]sfldHfb]dxTj k0{dfdg5 / Wfgkj \$ plrt / \$8 / fVg ; lsPg eg]l; wf]Joj ; fo g} w/f; foL j f c; km xg a] nfbkg . Joj ; fosf]/fd] / \$8{/fVg]u/dl ; xyfnf0{ lgDg rf/ s/fx? t?gt yfxf xG5 . Hxnf]f nfut /sd s; /Lvr{e0{x\$f]s/f b] dl w]laqnhslxn]xG5 eI\$/f, Joj ; fo s; /Lkm6fpb5 xG5 eG\$/f / rfyf]f alp v]/bsf]hfgsf/L. / \$8{/fVg] k|qmf b0{ k\$f/sf 5g\ != df} dL-Sesonal_ / \$8x?Mh; df sg}Ps l; hg leq ePsf laqnh? , v]/bx? , HbfdIx? , oftsoft h:tf vr{k? kb5g\ @= cf]bfg]sf]k]f]0sf]/\$8{k?Mh; df sg} lgZrt cj lwdf s]slt /sd h6f0Pnf / vr{ ul/Pnf eG]s/fsf]/\$8{; st ePsf]xG5 . pbfx/0sf]nflu sg}Ps dlxgf j f l; hgsf cg'dflgt / \$8{k?nf0{cg'ej / cEof; sf] qnddf a9Loyfy{k/s kfg{tknqnd ; wf/ ubhfg ; lsG5 . cf]bfg]sf]k]f]0f]p]ojoj ; fosf] elj iosf]j f/dl elj ioj foL ug{; 3fp5 / tbg?k vr{/ dNbx?sf]; thg ldnfpg lg0f6 lbg ; S5 . cf]bfg]sf]k]f]0sf]pbfx/0f]df laqnh? tyf vr{\$f]ofhgf / gub k]fxsf] ofhgfx? kb5g\ df} dL / \$8x? -Seasonal records_ ; a}k\$f/sf df} dL vr{k? / laqnh?sf] / \$8hf0{Pp6f nh/df Joj l:yt tj/n]cleny /fVgk5{. pQmnjh/nf0{lgDg tl/sfn]@ v08df af8g'kb5 .

v08 !Mo; df :yL/ kFlut vr{k? rfn' vr{k?sf]/\$8{/fVg' k5{. oL / \$8{k? klg lgDg zlf]x?df tn lbOP cg'; f / fVgk5{. v/lb nh/, HbfdL vr{n nh/, oftsoft tyf 9j fgL nh/ / cGo vr{k?sf]efr / /fVg' kb5 .

v08 @Mh; df kTo\$ afn] / hftsf]s]slt dfqfdf alp df]bftdf 5g\ Tb; sf]klt 0sf0{ dNb k]t]snf]of af/fdf 5g\; f]sf]/\$8{/fVgkb5 . o:tf]k\$]f/sf]/\$8hf0{j:t' lr lgoGqOf (Inventory Control) elg5 .

[^]= pk; xf/M

; xyfsf]nIf / p2Zox? tyf jIp lj hg Joj ; fo-pBd km6fcf] eGsf nflu ; b:ox?sf]klt1f s]s]xg, elj iosf]ofhgf tyf oyfy{bZox? -Perspectives_, yk nufglsf ofhgfx? tyf lgs6 elj iodf sf/f]f/ a9fpg] ofhgfx? eP ; f]pNhV ug]. pk; xf/df lj leG ofhgfx?nf0{cffd; ft s; /Lug{eG] af/]klg 5f]f]j 0f6 ug{k5{. sg}klg ; xyfsf] alp lahg Joj ; fo ofhgf tof/Lubf] ; xfnf / cgudg ubf]; DaGwt lhNhf s]f lj sf; sfosf; DaGwt lj ifo lj z]f]1sf]lgoldt k/fdz{lnP/ ug{/fd]xG5 .

* nys g]fn s]f cg'; Gwg kl/ibsf ; jf lgj Q j l/i7 a]flgs -afnL laz]f1_ xg]xG5 .

; @e{; fd]f]M

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vfg\$/fsf]u0f:t/ sfod ug}; /n pkfox{

→ kdf sf]/fnf*
→ lj ho/fh l3ld/*

vfg\$/f dfgj hIj gsf] klxnf] cfj Zostf xf]. u0f:t/lo Pj d\kflifnf] vfB kbfy\$fl pkef]n]g}:j:y z/L/sf]lj sf; xG . ; fy} oxL kfli6s vfgfs} sf/0f dl:tisn] klg oyflrt prhf{kfpgr}/ ; jn dl:tissf]lgdfl xG . Ps :j:y gful/sn] zf/l/s Pj d\ dfgl; s Ifdtfsf]pkofh u/L bZ lj sf; df 7f] ofbfg lbg ; S5 . t/ vfB kbfydf kfslts {kn]g}xg]; Id hIj f0f jf cGo lsl; dn]xg]jf ld; f0g]/; fogsf]pkef]n] la/fdLxg]jf dfgj lo Iflt -dTo' ; dt xg] cj :yf l; hgf xG . cd]/sfdf ul/Psf]Ps cWogcg'; f/ vfB kbfyhlg /fhafl kltj if{ s/la # nfv %) xhf/ dfgl; c:ktfn egf{ xGg\ . o; dW]gf} xhf/sf] dTo' xG . vfg\$/fsf] dfWdaf6 xg]; Id hIj f0f sf] ; qnd0f kZrft\ xg]pkrf/ vr{/ pTkfbgdf xg]Cgtfdfqsf]c; / xbf{cd]/sfdf kltj if{ sl/a #% c/a 8n/sf] Iflt ePsf]t YofÍ 5 . g]fndf klg vfg\$/fsf]u0f:t/xlgtfsf sf/0f c/af} ; kofsf]Iflt xg; Sg]cgdfg ug{ ; lsG .

vfg\$/f lj iffn'xg]kdfv tTj eg\$ f vfg\$/fdf xg]; Id hIj f0f xg\ cfFn]gb]vg]o:tf ; Id hIj f0f vfg\$/fdf ePdf lj leG /f]lx{ lgDofpEg\ en8f kvfnf, cfpF6f0kn8h:tf /f]lx{ ; Id hIj f0f sf/0faf6 l; lh{ xGg\ o; h/Lvfg\$/fdf xg; Sg]/; fogsf] pkl:yln]klg vfg\$/f lj iffQmxg hfG . s]Lo:tf /; fog vfB kbfydf kfslts?kdf g}xGg\ h:tf]Rofpdf xg]lj iffQm/; fog . t/ sltko /; fog eg]v]af/ldf pTkfbg ubf{

jf pBf]df kZflwg ug{lqmdf /flvG . o:tf /; fogx?sf] lgTo {kdf pkef]u xBf :j f:Yo; DaGwL ; d:of cfpE . dfgl; sf] pTkfbg] Ifdtfdf c; / ug]/ kflgg, dfgl; s Pj d\zf/l/s lj sf; cj ?4 xg] ; d:of bYfk5{. o; h/Llj leG lsl; dsf goffgoF k]j lwx{ kofh u/Ls]if pTkfbg a9fpgr]jf vfB pBf]df kZflwg]sf] qmdf pkofh ul/G . cgj flzs kl/j tg k]j lw, lj ls/0fsf] kofh u/L vfB kbfy{ kZflwg ug{ Pj d\ kofsf]h^sf lj leG ; fdulsf kofh]ubf{ vfg\$/fsf] u0f:t/df r'gftL cfpEg\.

u0f:t/xlg vfgfsf c; /
u0f:t/xlg cyft\c; /lIf t vfgfsf sf/0f lj leG k\$ f/sf /f]lx{ n]xfdlInf0{ufBf g\ dfgr z/L/df () kltztebf a9L/f]lx?sf sf/s kfgL/ kflift vfgf g}ePsf]s/f lj leG cg'; Gwfgx?n]kli6 ul/; s\$ f 5g\ t; y{ xfdln]kofh ug]kfgL; kfmxgsf ; fy}vBkbfy{ 5gf] ubf{ klg ; ts{tyf ; r]t xgk5{.

c; /lIf t vfgfsf c; / dVotM0{efudf afBf ; lsG .
!= cNksfnlg c; /
k\$ bVg' k\$ kfNg' en8fkvfnf nflg' cfpF tyf xhf nflg' lb; f slhot xg' cflb .
@= b13\$fnlg c; /
dflsfdf kTy/ hDdf xg' k\$; DaGwL snhf] / d6'; DaGwL/f]lx{ nflg'cflb .

lj iffQmvfgf
tof/L vfB kbfy{ ; k/fgf]xg]tyf af; L

ePdf j f vfbj :t\$]k\$]t x/]lplrt tfkqrd, cfbfdf e08f/ gu/df, vt/gfs ; Id hlj f0x? pTkG xGg\ tL; Id hlj f0x? vfgfdf tla | ultn]pTkG xbf j f To:tf ; Id hlj f0fh] lj iffQmkbfy{ (Toxin) pTkfbg ubf{ To:tf vfg\$/fn]Food Poisoning u/fpg]xbf o:tf] vfgfn]z/Ldf uDeL c; /; dt u5{. knfkf] vfgfdf xg] JofS6]of, ef0/; h:tf ; Id hlj f0fh]ubf{vfgf lj iffQme0{vfg}gxg]klg xG .

vfgf s; /Lu0f:t/xlg xG <

- vfgf gkfs\$flxg'cyff'sltko cj :yfdf sff}xg' j f z/L/n]krfpg ; Sg]u/L gkfs\$flxg'.
- vfgf ksfpf]sRrfkbfy{ :j R5 gxg'- h:t}9; Lk/\$f] slxPsf] dlsPsflxg'.
- knfkf] efBfs Bfsf] kofl ul/g' .
- vfgf tof/ ubf\$ f j vt j f vfgf vbf xftnuhot JolQmt ; /; kn0df nk/j fxL ul/g'.
- vfgfdf df5/f dfp; hL ; f^unf, d' fsf knfkf] kg{j f cG xflgsf/s tTj x? h:t} 9^uf, df6f] l; ; f, kmfd, sf7sf] whf] skfn cflbh:tf cvfB kbffy{ kg{.
- vfgf vfg]j l/kl/sf]j ftfj /0f ; knf gxg'. efG f j f vfglkg ug{7fpHf lenHf eGsg]u/]lenHfdfknt cg\$ff vfnf /f]x ; g{t kSsf g}5 .
- vfg'cl3 / kl5 ; /; knf0sf] dxTj ga%g'. sltkon]vfgf vfg'w}; docl3 xftd\ wPsf]xg]/ vfg]aJfdf klg wgkg{ sfdnf{ enenbfnf] dfGg\ .
- vfgf w}lbgsf]af; Lxf t hlj f0x?n] vfgfdf cfqndf ul/; s\$}xGg\ To:tf

vfgf vfpkl5 dfG]klg :j:y gxg]t :ki6 g}5 .

- vfgfdf s]qd tj/n]ld; fOPsf /a, j f:gf, kl//Ifsf]dfqf cfj Zostfebf a9Lxgfn]vfg gxg]/a, j f:gf cflbsf sf/0f /f] -x?_ nf]g]xG .
- hlj gfzs, s]bgfzs, 9; lgfzs j f cG /f; folgs cj z]fx? vfgfdf afsl/xbf klg vfgf c; /lif t xg kU5 .

vfg\$/fsf]u0f:t/ sfod ug{Wfg lbgkg{ klf

; /; kn0df Wfg lbg]

- ✓ vfgf 5bf / vfgf agfpbf ; knf xg]u/L xft wg].
- ✓ rk]u0{knfkl5 xft wg].
- ✓ vfgf agfpbf kofl ul/g]; dulx? ; knf xg]u/Lwg].
- ✓ efG f / vfg\$/fdf sL/f, d' f tyf cG hlj l5g{glbg].

lsg <

; a}; Id hlj x?n]/f] ; fb]gg't/ xflgsf/s ; Id hlj x? eg]kfgL dffsf] hgj / j f dfqf; dfknf vfgfdf ; 5g\ ltglx? xft sk8f tyf ef8f j t g dfknf vfgfdf ku] /f] ; f5g\

ksfPsf]/ gksfPsf]vfbj :tx?nf0{56f5§} /fVg]

- ✓ gksfPsf] df5f tyf df; h:tf vfbj :tx?nf0{ 56f5§} /fVg] .
- ✓ gksfPsf]vfg\$/fsf lgldt kofl ul/g] rSs', rlk^afBh:tf 3/fo; L ; dulx? 56f5§}kofl ug].
- ✓ ksfPsf]tyf gksfPsf]vfbj :tx?nf0{ gld; g]u/L 56f5§} efBfdf /fVg] .

lsg <
 gksfPsf vfg\$/fx? h:t}df5f, df; 'cflbdf
 xflgsf/s ; Id hlx? xg'; S5g\ oLhljx?
 vfgf tof/ ubf{c? vfg\$/fdf ; g{; S5g\
 /fd/Lksfpg]

- ✓ df5f, df; 'tyf c08f h:tf vfg\$/fnf0{
 /fd/Lksfpg].
- ✓ t/sf/L ; k tyf c06 k0 vfBj :thf0{
 &) ; ‡ tfkqmle0f a9L ttfg].
- ✓ df5f, df; hf0{/fd/LkfSg]u/Lksfpg].
- ✓ vfgfnf0{ /fd/L ttfp/dfq vfg].

lsg <
 ksfpff xflgsf/s ; Id hlx? kfoM; a}
 d5g\ &) ; ‡ e0f a9lsf]tfkqmdf vfgfnf0{
 ttfp/ vfPdf xflg gxg]s/f cWogaf6
 blvPsf]5 . kfj], e6] tyf sd ksfp/ vf0g]
 / rff}gkffg]vfgfdf eg]lj zlf Wfg lbgk5{.

vfgfnf0{; /Iift tfkqmdf /fvL; Af0f ug{
 ✓ ; fdffo tfkqmdf vfgfnf0{b0{306fe0f
 a9Lg/fVg].

✓ ksfpf]tyf rff}laug]vfgfnf0{%)
 l8=, ‡ e0f sd tfkqmdf /kfj]/f/df
 /fVg].

✓ /kfj]/f/df ; dt vfgfnf0{nfdf]; do; ll
 g/fVg].

lsg <

- * nys, vfB kfj lw tyf u0f lgoqof lj efudf j/i7 vfB cg; Gwg clwsf kbdf sfot
 xgxG .
- * nys, vfB kfj lw tyf u0f lgoqof lj efudf kfj lws ; xfos kbdf sfot xgxG .

vfgfnf0{; fdffo tfkqmdf /fvdf ; Id hlx?
 w} rff]a95g\t/ %) ; ‡ e0f tn jf
 ^) l8=, ‡ e0f a9L tfkqmdf vfgf /fvdf
 tL ; Id hlx?sf]j4 /f]S5 jf d5g\t/
 s]L xflgsf/s ; Id hlx? eg]) l8=, ‡
 e0f klg sd tfkqmdf af]g / a9g ; S5g\

; /Iift kfgL / vfBj :tdfq pkefli ug{
 ✓ ; /Iift kfgLk0fli ug{tyf kzflg u/L
 ; /Iift agfpg].

✓ tfhf / kfj6s vfBj :tx? k0fli ug{
 / vfg]afgLa; fNg].

✓ kzflg u/L; /Iift ul/Psf kfZr/f0H
 bWh:tf vfBj :tx? ; jg ug{ .

✓ kmkmh tyf t/sf/lh:tf gksf0{vfg]
 vfgf ; kf / ; /Iift kfgIn] wg].

✓ pkefli ldlt gfl3; s\$if vfg\$/fx?
 gvfg].

lsg <
 kfgL tyf a/kmufotsf gksf0{ vf0g]
 vfg\$/fx?df xflgsf/s lj iffLjf ; Id hlx?fk?
 ldl; g u0{blift xg ; S5g\ ; 8ln\$if jf
 9; Lk/\$if vfB kbfy?df lj iff'n'kbfy? a0g
 /xg ; S5g\ vfg\$/fx?sf]; xL5gf, wg]
 tf5gh:tf ; fdffo ; /Ifssf]lj lw ckgfpg
 ; sif vfBj :tx? ; /Iift agfpg ; lsG .

dfly nlyPsf lj lw ckgfpg vfg\$/f ; /Iift
 / :jR5 /fVg ; lsG .

qm uf0{e}Idf ls6flzz /fli

 8f, öbj zfx*

xfdf]bZdf qm e}Ld/fhtsf]kfoMs]fsx?n] kfNg]ub5g\ To; /Lg]h; k]f qm xn:6g hftsf uf0{? kfNg]/x/ plts} kdf lbg k]tlbg a9b}uPsf]5 . kfoMe} In]k]tlbg &* ln6/ bw lbg]ub5 . To; }u/L uf0{h] k]tlbg !@!% ln6/ bw lbg]ub5 .

t/ kz'cfx/fdf Wfg k]bfPsf]b]vbg . kf]fmf] xl/of]3fFx? cfx/fsf] kdf Joj:yfkg ug{ kof; ug{ul/Psf]5g h; n] ubf{kzhf0{ cfj Zos kg{tTj x?sf z/Ldf sld xg hfG . h; sf]km:j ?k la:tf}kzsf]pTkfbg 36b}hfG . sltko s]fsx?n]kf]6s vfgsf] kdf bfgfnf0{ dfq a9L dxTj lb0{bfgfsf] dfqfdf j]4 ub]uPsf]b]vG . h; sf]km:j ?k kzsf]z/Ldf cfj Zos kg{tTj x?sf]sdLx] pTkfbgdf klg ; f] sf] c; / kg{ hfG .

dfly pNh]vt tTj x?sf]sdLsf/0f xg]w] lsl; dsf /fli? dW]ls6flzz Pp6f kdfV /fli xf]. t/ o; /fli af/]kfoMkz'; jfdf ; n]g sltko kf]l wksx? klg lj Nsh cgle1 /xsf] kf0{sf]5 . of]/fli nfudf kz?sf]z/Ldf cfj Zos kg{ulnof]kbfy{j f lrg]sf]dfqf sd xg hfG .

z/Ldf uhlof]kbfy]sf]sd]sf]sf/0f kzsf] zf/ll/s cj :yf lta |ultdf lbgklt lbg sdL xb}hfG . kef]t kz'vfgf vfg ?rfpEg, df]f]kzsf]df; ' ; dt x/fp/ hfG . 3/Lvfg] 3/Lpu]pg] 3/Lgvfg]ub5 . @:S lbgdf g] kzsf]s/ut byf kg{yfN . bfgf vfg lb]f kzh]z?df w]vfg]h:tf]u/L bfgfdf dv xfN, t/ kl5 vfg dg k/fpEg . sg]sg]kzh] xl/of]3fF dfq cln cln vfg dg k/fpE eg] sg]sg} ; s]f] k/fn e' dfq vfg dg k/fpE . kzh]s]L l5g pu]pg] pu]pg 5f8] lgbfp h:tf]ug]ub5 . oLnIf0fsf]afj hb kzsf]yg tyf snrf]f qnd s kdf 36b} hfG . ; dodf g}; xLbg tyf pkrf/ gePdf

!-@ xlf leq kzsf]dTo' ; dt xg hfG .

/fli]nIf0f klxrfg

!= zf/ll/s tfkqmd ; fdfGo jf clnslt a9\$]f]xg; S5 .

@= kfoMof]fli bf]f]a]df a9L b]f kg{ ePsf]s]fs l; t sg j]sf]kz'xf]eG] hfgsf/Lng].

#= la/fdL kl5 @# lbgdf kzsf]zf/ll/s cj :yf jf df]f]kg slt 36\$]f]5, lgs} df]f]kg 36\$]f]x]eg]zsf ug{; lsG .

\$= vfgf vfg]afg]sf]af/]f hfgsf/Lng] kzh]vfgf vfg]0R5f u/]lg vfg g; lsg] nIf0f byf k/]f]5 eg]zsf ug{; lsG .

%= kzh]3/Lpu]pg]3/Lpu]pg]nIf0f byf k5{ eg] /fli]sf] zsf ug{; lsG .

^= xl/of]jf ; Wf dW]sg}Ps]t/ cln a9L vfg rfp]u5{eG]zsf ug{; lsG .

&= kof]zfnfdf lk; f] cyj f b]wsf]k/]f0f ubf{ /fli]sf] klxrfg ug{; lsG .

pkrf/M

!= kTo\$ lbg lbgdf]Ps k6s ulnof]kbfy{ h:t}e]h]lrgL !%) -@)) ufd vfg lbg].

@= lulnl/g !%) -@%) Pd-Pn-Ps lbg la/fp/ # k6s lbgdf]Ps k6s lbg].

#= e]fnu -Vatalog_ sf] ; 0{ !%) Pd-Pn=df; df Ps k6s dfq ; 0{lbg].

\$= V]Gf]h -Rintose 500 M.L. @# Bottle g; faf6 ; 0{lbg].

; xfos lrlsT; f

!= Plu]dg kf]f{w]hf]cf]fwL #) %) ufd k]t lbg bfgf ; v/ l; t v]fpg].

@= slG kh]; 0{(Amliplex) %) Pd-Pn= bfgf:kfgLl; t v]fpg].

*nys, lhNhf kz'; jf sfo]ho, wgfdf j/l/7 kz' lrlsT; s kbdf sfo]t xg]G .

gkfndf dl/r v†lsf]; efj gf / rgf†lx?

☞ r†gfy kfyh*

dl/rsf]kl/ro

dfgj hIj gsf] b]gs ḡ kdf kofl u/lg] d; nfx? dWsf]dl/r klg Ps cf]w d; nfsf] gfdaf6 lr/k/lrt xf]cfPsf]5 . o; sf] j }flgs gfd *Piper nigrum* xf]. dl/r nx/foQm j g:klt xf]eg]kft kfgsf]kft h:t}xG .

!@ dl/r nufpg]t/lsf

vf; u/L dl/r nx/foQmxg]xf o; nf0{ 7N7hf ḡ vx?sf krlf df nuf0G . o; sf] nx/fdf g}h/f xg]xf nx/fsf cf]nf cf]nf sf]Lhldgnf0{lrf:ofg agf0{vf; u/L; v/v08 -; 7lg_ h:t}u/L/fkG . o; nf0{cf]l; ; f] / lz/lzsf ḡ vx?df nufpgfn]o; sf]pTkfbg j4 xG .

dl/r xg]xfj fkfgL tyf :yfg

lj if]fu/Ldl/r pi0f krlf lo xfj fkfgL tyf hg xfj fkfgLdf cf]l; ; f] lz/z xGg\ToxL xfj fkfgLdf g}d/lr klg xG . vf; u/Lgkfnf] leqLdw] tyf kxf8sf a] lx?df nufpgfn] dl/r v†L/fd] F km6fpg] ubh . xfn dl/rnf0{Aj; flos ebf klg cf]kig}3/df kofl]sf b]6sf]fa6 b0{rf/ af6 nufPsf] kf0G . h:t}pbok' lhNfsf]j ; fxf uf]j = sf s]Lj8f g=*, (, # / \$, l; Ghl]sf]bwf]L uf]j = nufot l5d]L uf]j = x?df klg n u f0{Ps f] k f0{G5 .

dl/rsf]dxTj tyf kf0bf

dl/rsf]kf0bf tyf dxTj nf0{lgDg abfF?af6 ki6 kfg{vfhPsf]5 .

s_ dfgj :jf:Yodf kf0bf

☞ !^ ☞

dfgj nf0{dl/rsf]dxTj tyf kf0bf sf]lj ifodf rrf]ug{kbf{j:Yo b]6sf]fa6 xbf{; fdf6, ?3fvf]s tyf 3f]ls ; d:ofx? unf j ; \$f] cf] fh cfpg g; Sbf tftf]kfgL; F dl/r ldl; Psf]whf]laxfg ah]sf vfgfn]cf] fh ; xh xG . ufp3/lt/ dl/rsf]whf]hf8f] ; dodf lrof; F ld; f0{vfgfn]hf8f]sd ePsf]dx; z xG . dflg; sf]z/Ldf lj leG lsl; dsf vl6/fx? lg:sg]ubh g\ To; dW] lknf]Ps xf]. pQmlknf]lg:s\$]f]j l/kl/ dl/r lk; Lnuhpgfn]lknf]kfsL 3fp lgsf]xG .

v_ dfgj sf]cfly\$:y/df ; wf/ tyf kf0bf dl/rsf]dxTj tyf kf0bf cfly\$ b]6sf]fa6 klg plQs}dxTj kf0{5 . o; sf]ahf/ dNb Hfb}ePsf]ls; fgx?n]pTkfbg u/\$f]dl/r klt s]hL (= ^)) b]v (= !)) ; Dddf lasl]lj t/df xg]ePsf]hs]ls; fgx?sf]cfly\$:y/df j]a xg hfG / ls; fgx?sf]h]j g:y/ klg pRr g}xG .

u= OGwgsf] ?kdf kf0bf tyf dxTj dl/r 7N7hf ḡ vdf nuf0g]xf 7N7hf ḡ vsf xfuf]6 ls; fgx?n]kofl ul/g]bf/f Ogsf] ḡ kdf pkefli ubh g\eg]v]f6 klg/ tyf 3/ agfgsf nflu sf7sf]pkofli klg xG .

3= ls; fgx?n]kfn\$]f 3/kfn]f kzx?nf0{ kf0bf
ls; fgx?sf]v†af/ldf kofl ul/g]dn tyf ls; fgx?n]kfn\$]f v; Lj fv]nf0{3f]fsf ḡ kdf lz/lzsf]kofli ug{; lsG .

a=j ftfj /0fdf :j R5 tf
 gkfndf klxn\$flaxl/of]ag gkfnsf]wgAE
 eG]plStnf0{oyfjt /Ng]xfleg]t/f0{tyf
 kxf8sf]a}lx? sfddf gcfPsf hldgx?df
 {vx? nuf0{d/Ir vtfL ul/Pdf e-Ifo,
 af9lkx/fhf6 xg]hldgsf]Iflt sdLxgsf
 ; fy} j ftfj /0fdf :j R5 tf /fVg ; lsG .

r_ /fhuf/L ; hgf
 olb d/Irnf0{Joj ; flos vtfL ug]xf]eg]
 :j bzf sf nfv]fa/fhuf/ oj foj tlx?n]/fhuf/
 kfpg]5g\ / lj bzf Psf ojf hgz]Qm:j bzd}
 vkt e0{cfly\\$ aH xg hfG .

5_ sif koGdf aH
 olb dl/r vtfLnf0{Joj ; flos ul/g]xf]eg]
 dl/r vtfLxkf]nflu :j bzf L tyf labzf L
 koGsX? pQm:yfgdf cfpgfn]pQm:yfgsf
 ls; fgx?sf]cfly\\$ l:ylt ; b@ xg hfG .

h_yf]hldg af6 w]pTkfbg
 Psflt/ gub]d; nf afnLd/Ir pTkfbg xG
 eg]csf]tkn]ToxL hldgdf cfF nufotsf
 kmkrhx? pTkfbg ug{; lsG .
 To; sf/0f Ps]hldgaf6 w]pTkfbg ls; fgx?n]
 lng ; S5g \

dl/r pTkfbgdf ; d:ofx?
 x/\\$ lrhsf /fdf g/fdf km0f alkm0f xGg\

To; sf/0f dl/r vtfLdf klg ; d:ofx? k\ :t}
 kf0Gg\ dl/r vtfLdf ePsf]; d:of eg\$fl
 km nflu kfsgyfn]kl5 lj leG lsl; dsf
 r/fx?n]dl/rsf]km vf0bgfn]ls; fgx?nf0{
 3ffsf kf0Gg\ eg]o; nf0{kfs]kl5 l6lg klg
 ; fj wfgLgkYfPdf kfs\$fl kmx? e0f emL
 gi6 xg kf5 .

To; h/L dl/r vtfLsf af/df ls; fgx?nf0{
 Psflt/ hgrtf gf vfnf tflnd tyf goffgoF
 kfj lw oQmjoj ; flos vtfLsf]af/df kf/f/
 kf f/ sdIn]ubf{d/Ir vtfL tkn]ls; fgx?
 cfslifc ePsf]kf0Gg eg]csf]tkn]ls; fgx?n]
 pTkfbg u/\\$f]d/Ir vkt xg]ahf/sf]klg
 cefj ePsf]dxz'; ubh5g\ c6 afnLdf
 h:t}d/Irdf klg laleG /flux?n]; tfpg]
 ubh5 .

lgisif{
 dl/r vtfLsf lj ifodf ls; fgx?nf0{ hgrtf gsf]
 dfWdaff cfwlgs kfj lw 1fg ; lk Ifdtfsf
 af/df /fHbsf tkn]f6 dl/r vtfL ; DaGwL
 tflnd pknAw u/fpg]xf]eg]j ifg]nfvf}
 a/fhuf/ oj foj tlx? c/af]vr{u/Llj bzf lg]
 lyPgg\eg]csf]kfj:j bzf df g}Joj ; flos
 dl/r vtfLu/L/fli6o tyf c0{fli6o ahf/x?df
 d/Ir lasl lj t/0f ; d\ t u/L xfn bzf df
 e0{x\\$f]Aofkf/ 3ffsf ; d:ofnf0{sd ug{; lsg]
 lyof/ ; du |bzf sf]cfly\\$ j Hb/ klg a9g
 hfg]lyof].

* nys, sif lj wfudf gf; = kbdf sfot xgkG .

a8km'/f] j f/]hfgsf/L

8f= azLzdf*

of]/f] kHldf nfUg]3fts tyf ; sfds /f] xf].
a8km' Avian Influenza type A ef0{; af6 nfub5 .
Type A ef0{; af6 sv/f xfF / dfGdf km'nfub5 .
. Type B / C af6 dflg; df {3fvf\$L nfub5 .
lj Zj df xfn kbnPsf]a8kmndf H5N1 clt g}dxTj k0{
/ dfGdf sv/f xfFaf6 of]/f] ; b5 . ef0{; df
Haemagglutinin(H) / Neuraminidase(N) gfdS b0{j 6f
kfbgsf]; ofhg xG . H 1 bly 19 / N 1 bly 7
; Dd pk; dx 5 . of]/f] dfGdf nfufdf H/f
cfpg]/ t0{ {3fvf\$Lnfb5 . dfGdf /E6f nfug]
tyf sdhf]Lcgej xG . of]/f]; F n8g]kt/fvfdS
Ifdtf sd ePsf dflg; x? a9fa9L s\$fs\$L tyf
8f0j l6h, HIV, TB ePsf dfGdf ; g]; Defj gf a9L
5 .

sv/f tyf xfFdf PSsf; L 7hf]; Vofdf sg}nIf0f
gblyf0\$g dg{; Sb5 . nIf0f xfFdf lxP lxP ug{
l; pm, nfLlgnf]xg] v\$fdf /Qm fj ePsf]wsf]
blyg]/ PSsf; L pQfgf]k/Ldb5 .

of]/f]af6 !((S bly !(((* df :kg / o/f]df \$
bly 5 s/f\$ dfng; d/\$f]cgdfg 5 . o; nf0{
:kg]; km' klg elgG . ; g\!(((& df x^s^adf
a8kmh]!@ hgf dflg; d/] !@nfv sv/f gi6
kf/of]. of]/f]df ; dGb]r/f /f]f0f j fxs xg]/
Low Pathogenic Avian Influenza ; f0]f]af6 duhnof,
rlg xb}gkfnf]tfn, tnbf ; hL dskn, lgl>t
ub5 .

tfndf xfF; Fsf]n; k; df of]/f] 3/df ku] sv/fdf
; g{ub5 . sv/fn]g}dfGdf /f] ; fb5 . LPAI sf]
ef0{; genetic reassortment af6 Highly Pathogenic
Avian Influenza(HPAI) df kl/j t g xGg\.

clxn]lj Zj df (HPAI) sf]hflt H5N1 af6 dfG]
; sf0{ e0{d/\$f]t/ dfGdf /f] :yflkt e0{csf]
dfGdf ; /\$f]kl6 e0g; s\$flcj :yfdf 5 . of]/f]
dfGdf ; g{; Sg]; Defj gfnf0{ogls/of
ug{hj s ; /If ckgfpg'ck/lxfo{5 . h]j s ; /If
(Bio-security) sfod ugdf kHldf :j f:Yo x/rfx,
Ef0S; g] g Joj :yf tyf vf] Joj :yfkg u/LkHlnf0{
:j :yo /fvL a8km' kmgdf lgoq0f ug{ clt
cfj Zos 5 .

d/\$f/ gi6 u/\$f]; l6km's ls; fgnf0{b0{clanDa

!* *

Ifltktksf]/sd ; DalGwt kz' ; Jf sfosfphon]
lbg5 . () lbg; Dd kgMToxL vf/df sv/f
gkfng]. ; /; kf0{u/l ; sf0{dQmkf/Ll; n nufP/
vf] /Vg]. /f] nfusf]If]df sv/f, sv/fh6 kbfy{
cfibsf] cf] f/ k; f/df lgoq0f ug{ Sj f/Psf0g
Joj :yf dhat kfg].

xrndf gkfnf] a8km'sf]Ef0S; g k0f] u/L/Psf]
5g . kHlahf/ ; b9 ug{rNhf, bfgf / tof/Lsv/f
af0{]uf8L 5s}ug{ sffs, pBdL x0fr/L tyf
pkelQf; a}; r] eP/ a8km' lgoq0fdf cf-cfkgf]
If]af6 oflbfg lb0{/f]nf0{sfaleq /Vf ; lsG .

H5N1 af6 08f]; of, leotgfd, Ojh6, rlg cfib
dh\$df dflg; sf]; dt dTo'ePsf]b]f6fGtdf s]L
dlxgf cl3 ; g\@)!# df g]H7 af6 rlgsdf dflg; sf]
dTo'ePaf6 /f] cema9L 3fts ePsf]kdfloft
xG .

; g\@)) (af6 j t dflg cj :yfdf gkfnf] *@ k6s
a8km'sf]Outbreak ePaf6 of]/f] endemic cj :yfdf
kj z u/\$f]5n] 5 . xrndf sf7df08f]f of]/f]
km'Psf]5 . kf/y/f pk-dxfgu/kfnlsfdf \$ k6s
/ nygfy g=kf= df ! k6s a8km' /f] ; g\@)!#
df km'; s\$fl5 .

gkfnf] ; Gfdf h]j s ; /If dhat kg]. kf0{
/hi6kg kz' ; Jf sfosfmodf u/Ltflnsf cg'; f/sf]
c6 ; sf0{ xg]/f] ; Dj GwL vfk lgoldt ug{.

d/\$f]sv/fnf0{tTsfn If]lo kz' /f] cG jf0f
kf]uzfnfdf hffL Flu A eP gePsf]kQf nufpg]
/ Flu A ePdf s\$hp kz' /f] cG jf0f kf]uzfnfdf
a8km' k/llf0f ug{.

k/llf0f]glthf sffsdf pknJw u/fpg]. a8km'
ePdf lhNhf:t/lo a8km' ; dG o ; ldltaff /f]
u/t If] lgwf0f u/L ; lk0{kmdsf sv/f, c08f,
; hL bfgf gi6 u/Luf8g]j f hnfpf]. of]/f] nfusf]
kHl kf0f]f sf0{ ug{AolQm]; eldt xg lgtfG
h?/L5 .

* nys, If]lo kz' ; Jf lgbZgfn0 kf/y/fdf If]lo lgbZs
kbdf sf0{t xg xG .

6८fDd6/sf]lrgf/L/ pkofutf

⇒ Zofds{f l/hfn*

cuhL efiffsf] 6fDof6f] zAbsf] cke† e0{ 6df6/ xg uPsf]Ps k\$F/sf]km h; nf0{ hghafh] 6८fDd6/ cyj f
 ↗ ve Ff eGg] u/ \$f kf0G . j g:klt hut sf] ; ffgf] Lkl/jf/df kg]sl/a # bJv ^ ld6/ cLhf] / 7hf-7hf kft ePsf] ↗ vdf knNg] of] km sf] pTklQ ; jkyd Nbf6g cdV/sfsf] k}df ePsf]xf]. c08sf/sf] cln afSnf] afqnf ePsf] / km leq e08}%) bJv !^) j 6f; Dd alp ePsf]of]km /fd/Lkfs]l5 ; Gtnf /usf] bJvG / kfjkfn u/L crf/ agfP/ vifff ufhe Ffsf] h:t} :j fb cfpg] ub5 .

gkndf o; sf]v‡L dWkxf8L If]sf]!!)) ld6/bJv pRrkxf8L If]sf]@@)) ld6/; Ddsf] prf0df ug{ ; lsG . sl/a PsbJv 89 dlxgf; Dd ; /lif /fVg ; lsg]of] km df nueu !% kltzt kf6g % kltzt kmf6 ^) kltzt sfaff08G / @@ kltzt /}f / vlgh kbly{kf0G . xfn; Dd /ftf] kxhflubLePsf] cfw/df hDdf b0{hftdf dfq j lu\$† of]km ufhe Ff eObf w/] lbg ; /lif /fVg ; lsg] ePsf]Joj ; flos ↗ kdf o; sf]v‡LJofks u/fpg ; lsg]; Dfj gf bJvG .

of]kmsf]agf{lgsfN g sfQ\$-d;L/ dlxgfd kl/kSj ePsf]kmsf]laoff0{3fd/lxt xf]fdf ; sf0{kif-df3lt/ pdfg{; lsG . alp pdfg\$] nflu ; -; fgf kfli6ssflyhdf b0{efu afnj f



b0{efu df6f/ Ps efu sIkf6 dnsf]ld>0fn] egk5{. To; kl5 ld>0f ; lxtsf]yhfdf b0{b0{6fsf]b/n]alp /fL xNsf l; Ff0{u/L kfli6ssf] udh leq /fVg' kb5 . alp /fVg]yhfdf]lkwdf ; -; fgf kfli6ssf] kfg{kb5 tf ls agf\$] h/fn]xfj f klg /fd/L kfpg ; sf] \ alp pdfg{kfli6s yhfdf]nDaf0{!% ; l6ld6/ Aof; rflxF) ; l6ld6/sf] xg' kb5 . o; /L/fk\$]alp b0{bJv tIg xKtfleq agf\$] ↗ kdf cGt ; fg\$]nflu tof/ e0; s\$]xG .

6८fDd6/sf]agf{sndlaff klg pTkfbg ug{ ; lsG . sndlaff agf{ lgsfNgsf] nflu kif-df3lt/ o; sf]xfifnf0{* bJv !) 0Gf ; Ddsf]nDaf0{f sf6] cObflL \$% l8u]sf] sf0fdf 58s]kf/] ufl8lbg]/ xNsf l; Ff0{ lbg]ugkb5 . s]Llbgl5 sndln]df6fdllg h/f / df6fdflly dh/f xfNg yfNb5 . t/ sndlaff pTkfbt af]n]eObf alpa\$] agf{ tof/ u/Lx\$]sf]af]n]a9L pTkfbg lbg] u/\$]kf0G . csf]s/f o; k\$]sf la?jfdf /f] sL/fsf]k\$]f xg kfPeg / /fd/L ; k\$]f v08df o:tf af]x?af6 * bJv !) j if{ Dd km ln0{xg ; lsG .

/ftf] sldnfsf] cfqmdf 6८fDd6/sf] dVo ; d:of xf]. To:t}nfxL sL/fn] klg o; sf slnnf d06fx?df cfqmdf ub5 . kftsf]89j f



/f]n]klg o; nf]a9L; t]fpg]ub] . To; sf]/f
sldnf nfu]f dfnfyfog % k]tzt[sf]whf] %
b]v & usd k]t af]sf b/n]o; sf]k]h j l/k/
df6f]f ldnf]fbg]. To:t}nfxL sL/f nfu]f
d]f; i6s)@ k]tzt[sf]ef]h k]t ldlnln6/
kfgIdf ldnf]fxf]fdf 5l/b]f o; sf]lgo]qof
xg ; S5 .

uf]he]f]nf0{e]bf 6]f]d]6/nf]w]bg h]f]fP/
/fVg ; lsg]/ xfdf]kxf8L e]h o; sf]v]lsf]
nflu pkoQmhnj foh]; fy lbg]ePsf]x]f
o; nf]f s/]faf/lleq dfq l; ldt /flvg'
x]f . a? o; nf]f Joj ; flos }kdf la:t]/f/
ub]nfg ; s]f sd nufgIdf w}]cy]f]hg

ug}; ls]G . t; y{xfdLklg o; sf]Joj ; flos
v]lt/ nf]g]xf]ls Ù

*n]s, s]f ; r]gf tyf ; f]f/ s]b]f ; xfos /]f]f
k]f/s kbdf s/f/ ; j fdf sfot x]g]G .

; @e{; fd]f]l

► k]lv]f; wgs]faf6 k]f]z t s]f k]j lw; u
; DalGwt kl:tsfx?

► af]fgLj sf; s]ltk]faf6 k]f kmk]h v]t; u
; DalGwt kl:tsfx?

► lq= lj= j= s]ltk]j g:klt lj efuaaf6 k]f
ah]g]gx? .

-t:j L-n]s :j od]lvr]f].-

g]fnfdf k]talGwt lj iffblx} M

q]m	lj iffblsf]gfd	k]talGwt j if{
!=	Snf]f]g	; g}@) !
@=	8L8L6L	; g}@) !
#=	8fOPIN8g	; g}@) !
\$=	OIG8g	; g}@) !
%=	cIN8g	; g}@) !
^=	x]f]snf]	; g}@) !
&=	df0]S;	; g}@) !
*=	6f]; fk]h	; g}@) !
(=	j LPr=; L	; g}@) !
!)=	lnG8g	; g}@) !
!!=	kmkr]d8g	; g}@) !
!@=	cufgf]ds{Ls]kfp08	; g}@) !
!#=	ldyfOn kf/flyog	; g}@) &
!\$=	dgf]fif]fkm	; g}@) &

Sif hjs lj lj wtf o; sf]dxTj tyf ; Af0f

cgdf e§/f0*

sif hjs lj lj wtf eg\$fs]xf
 hJf / la?j fsf lsl; d / ltgdf kf0g]
 lj lj wtnf0{hjs lj lj wtf elgG . csf]
 zAdf ebf ; f/df /x\$fs ; lk0f{hllj t kf0L
 tyf j g:klt alrsf]legtf, k\$fs / hDdf
 ; vof / ltgIx? alrsf] ; ofhg g}hjs
 lj lj wtf xf]. sif hjs lj lj wtf eg\$fs]
 sifhG kfl/l:ylt koffnL khtftL / j zf0fut
 lj lj wtf xf]. sif pTkfbg koffnL F ; DalGwt
 lj leG lsl; dsf hjs x?, la?j fx? tyf cG
 hjs tyf chjs kIfx?sf]lj lj wtf g}sif
 hjs lj lj wtf xf]. sifhG kfl/l:ylts
 koffnL F ; DalGwt hjs, hGt' j g:klt tyf
 ; Id hjs cflbsf]lj lj wtf tyf o; sf]cG/
 ; DaGw g} sif hjs lj lj wtf xf] .

sif hjs lj lj wtf cGtuF vB pTkfbg tyf
 sif koffnL F ; DalGwt ; lk0f{cfgj lzs
 >ftx? kb5g\ H:tM

- vtL ul/g]lj leG cGafnL afuafgL
 3fF, vtLkoffnLdf cleG cEsf]z kdf
 /x\$fs vx? sf]khftL kz' dT:o, sif,
 ; Id hjs x?, vtL ul/g] / 3/kfnj fdf
 /x\$fs khftx?sf]; DalGwt huenLkhftlx?
- vB pTkfbg koffnLnf0{; xofh ugllj leG
 kfl/l:ylts koffnLx?
- sifssf]k/fk/fut 1fg ; lk vfh cflb .

vtL e0/x\$fs elddf lj leG hjs lj lj wtf
 sfod e0/x\$fs xG . Ps ; j If0f cg'; f/
 8gdfs\$fs]Ps r/g If0f! ju{l d6/ dffsf
 \$),)) ; fgf ; fgf u8dftfx?, ! s/f8
 ufhfsf/ sL/f (Round Worm), \$),))) ebf
 a9LsL/f kbfafax? kf0Gg\ To:t)! ufd

pj { sif elddf @% c/j Af0fS6]/of, \$),)))
 9; Ltyf #),))) kf0fifhj f; Dd /x\$fs]cgdfg
 5 (MCNeely, 1995) .

k/fk/fut sif koffnLdf sifssx?n]k/fk/fut
 tl/sfafG j ifgL pdf/\$f alpx?sf] kofh
 ul/G . xfnfs]sif koffnLsf csf]dh\$aff
 csoft u/Lkofh u/\$f]alp tyf /f; folgs
 dn / sifgzs lj iffbLsf]cTolws kofh
 e0/x\$fs]xgfn]df6f\$fs]pj {fzSt 36gsf]; fy}
 j zf0f tyf khftl lj lj wtfdf ; dt xf e0/x\$fs
 5 . gkfnf sifssx?n]kofh ul//x\$fs k/fk/fut
 alp tyf vtLkoffnLsf]lj sf; hjs lj lj wtfsf]
 ; Af0fssf] nflu plQs} cfj Zos 5 .

sif hjs lj lj wtfdf xf; cfpgrsf sf/0fx?
 df} d kl/j tg, j g huen kifsgL la?j f tyf
 kz\$flgoftfyf afx0 khftsf]kofh, zx/ls/0f,
 cflb/ls/0f, sif hldgsf]cG sfo\$fs]nflu
 pkofh, ahf/sf]dfu / k/fk/fut khftsf]
 yf]pTkfbg]n]ubf{sif hjs lj lj wtfdf
 Xf; cf0{x\$fs} 5 . o; /L dfgj ; dfhsf]
 vBf0gdf kbfif c; / ug{sif hjs lj lj wtfsf]
 dxTj a' g'; fy}; Af0f ug{w} cfj Zos
 5 .

sif hjs lj lj wtf nfk ePdf kg{; Sg]
 c; /x?

- afnLtyf kz' dTosf cfgj lzs >ftsf]
 xf ePdf lj lj wtfsf]cefj df vB ; /If0f
 l:ylt laug ; S5 .
- sifktE, ; Id hjs f0f cflb nfk ePdf
 afnLsf]k/fu; hg Pj +hjs lgoGq0f
 klqmf kbfj t e0{ pTkfbg sd e0{

- s₁if j 4b/ 365 .
- cfgj flzs >ft ; DaGWL:yfglo 1fg, ; lk Pj +klj lwsf] xf; ePdf s₁fs ; dbfo k/cfl>t xg uPdf lab₁L 1fg, ; lk Pj +klj lw le-ofpg /fi6n] 7hf] nfufgL ug{ kg{x5 .
 - j fo' hn / df6f]kbisf] Joj :yfgdf k\$lt kbQ lj lj wtf sf lj leGg klf?sf] :ki6 eldsf ePsf] lj lj wtf sf] xf; ePdf j ftfj /Oflo ; Gt hg lalu g ; Sg] .

s₁if h₁s lj lj wtf sf] dxTj

s₁if h₁s lj lj wtf, h₁s lj lj wtf sf] cleGg cEsf] ; kdf /x\$fl5 . of] dfgj hfltsf] vFB ; 'If tyf lhlj sfkfhgsf] nflu ckl/xfo{ 5 . k/fk} {sfnb] v g} xfdj k} h₁?n] s₁if h₁s lj lj wtf sf] ; Afof ub} cf0{x\$fl5g\ s₁if h₁s lj lj wtf sf] dxTj nf0{cfly\$ b₁6sf] af6 ; lhn} dNbf1g ug{; lsbg . t/ klg o; sf] s₁L pkof] utf af/] xfdlnf0{yfxf 5 . s₁if h₁s lj lj wtf n] kTof j f ckTof ; kdf dfgj h₁j gnf0{cltcfj Zos vFB kbfy{ kbfg ug{d2t ub5 . s₁if h₁s lj lj wtf sf] dxTj nf0{df6fd6L tlg lsl; dn] j uI\$/Of ug{ ; ls5 .

s_ pkof] ItfMdfgj ; dfhn] bzsf} xhf/ j if{ klxn] blvg} j g:klt tyf h₁j h₁t sf kof] ub} cfPsf] 5 . uxFds} wfg cfh lj Zj el/ g}; lk0{dfgj hfltsf] kdf vfbfgsf] ; kdf kof] ePsf 5g\ oLkmnx? hEnf pld/x\$fl cfsif] lkg hEnL3fFaf6 pTklQ ePsf xg\ / ; docg! f/ a9LpTkfbg ug{kmnsf] ; kdf lj sl; t u/fOPsf 5g\ v; Lafv] ; F, e\$f, sv/f, 3f\$f cfib klg qnhs ; kn] hEnL h₁j h₁t af6 lj sl; t u/fOPsf] xf]. kmn lbg] j g:klt tyf 3/kfnj f hgfj /x?sf hEnL cfknitx?nf0{ s₁if h₁s lj lj wtf sf]

kdfvaZ0sf ; ft] ; kdf ln05 . gkfndf kf0g] n0r] (Red Jungle Fowl) ; +f/el/sf sv/fx?sf nflu j zf0fut >ft ePsf] 5 . loglx?af6 lj leGg k\$fl/sf dxTj k0{j zf0fx? kfl ug{; ls5 hg gZn ; wf/sf] ; kdf kof] ug{; ls5 j f elj iodf pkof] ug{ xTn] j zf0f a\$df ; lrt ug{; ls5 . h₁s klj lwsf lj zif1x? To:tf j zf0f sf ub5g\ To; sf] kof] u/L kmn tyf hgfj /x?nf0{ /f] lg/fws j f ag:kltnf0{v8] L ; xg; Sg] kfgL ; xg; Sg] khfltsf] ?kdf lj sl; t ub5g\ ef/tl] pk-dxfakaf6 ; fng ul/Psf] hEnL wfgsf] Ps khfltsf (Oriza nivara) df kf0g] klt/fws j zf0f sf] kof] ul/ bllf0f tyf bllf0f k} {Plzofsf a9L pTklfbg lbg] wfgnf0{sl/f kflaf] us klt/fws tNbf0Ps] 5 . cGo w} k\$fl/sf pBfl] df kof] ul/g] h₁s ; ft, k\$fl6 tyf cGo 3/kfnj f hgfj /x?sf] pTklQ cfib k\$lt df lj Bdrg h₁s lj lj wtfaf6 g} pTklQ ePsf] 5 . v_ sfoMlj leGg lsl; dsf khfltx? g} kfl/l:ylts koffnl] sf cleGg cE xg\ h; n] ckTof ; kdf ; d] dfgj hfltnf0{ ; j f kbfPs] 5 . dfgj hfltnf0{kflt o:tf ; j fx? dW] hnfwf/ If] sf] ; Afof h; n] kfglsf] axfj nf0{goldt / lgolq] ub5, j fod08ndf kf0g] sfag, clS; hg tyf gf06f] hg h:tf tTj x?sf] kgMkzf] vg, j fod08nlo df] dsf] k} 4g, df6fl] pj {f zlSt sfod /fVg] cfib kb5g\ ctMs] if h₁s lj lj wtf sf] ; Afof dfgj hfltsf] h₁j g lg] fksf] nflu cTof Zos kdfloft ePsf] 5 . u_ ; fboMsg] klg j :tdf /x\$fl u0fn] xfdlnf0{ To; sf]; fbo\$fl] cfgb lbnfp] 5 . sg] h₁j ; F ; DalGwt 1fgn] pSt h₁j sf] ; b/tfnf0{ ; /fxgf ug{afW tNfp] 5 . j f; :yfgsf] ; b/tf, To:tf 7fp] cfsf/ , Toxf] e-bZosf]

lj leGgtf cfibn] ; fbo{f kbzg u/\$f] xG . To:t}sg}hij hGtsf]afjhLjf /E, rfn jf jg:kltsf] ; uGw ; b/tfsf klts xg\ cfhefh sif koBg a9h}u0/x\$f]5 . olx sif hij s lj lj wtfn]sif koBgnf0{; xofu u/\$f]5 .

sif hij s lj lj wtf ; Af0sf pkfox? gkndf sif hij s lj lj wtf sf cleG cEx? kofk dfqfdf pknAw ePtfklg ; dosf] cG/fndf :yfglo sif hG csgj flzs >ftx? nfk xg nfu\$fltYo cWog cg; Gwgn]ki6 kf/\$f]5 . sif kwg bZdf sif Ifsf]lbuf] lj sf; , vB ; /If / ul/j Llgf/0sf]cfwf/ :tDesf] ; kdf /x\$f]dxTj k0f{sif hij s lj lj wtf ; Af0f / ; Da4g tyf lbuf]pkofu ug{cfhsf]cfj Zostf xf]. To:t]l/ gkfn ; /sf/n]klg sif hij s lj lj wtf sf]dxTj nf0{ bl6ut u/L/fli6o sif gIt @)^! df lnPsf] hij s lj lj wtf sf]; Af0f ; Dj 4g Pj +; bkofu ug{p2zo cg?k sif hij s lj lj wtf gIt, @)^# nfu"u/\$f]5 .

S_ :j :yfglo ; Af0Mg}klg hij tyf lj ?jf jf ltgsf khfltnf0{pglk?sf]cf gf]af; :yfgdf

; Af0f u/] /Vg]lj lw g}:j -:yfglo ; Af0f xf]. h:t} 3/kfnj fdf /x\$f khltx?sf] ; Dj lgvt huNlkhltx?nf0{ hund}; Af0f u/] /Vg]lj lw .

v_k :yfglo ; Af0Mg}klg hij hG'tyf la?j fsf khltnf0{ltgsf]kfs]ts af; :yfg ebf afx/ ; Af0f ug{lj lw g}k :yfglo ; Af0f lj lw xf]. dVotMj :yfglo ; Af0fnf0{ lj zif dxTj lbgkg{S/f ; j lsfkLeP klg o; sfo\$flk/ssf]?kdf k\$]ts l:yltebf afx/ k/:yfglo :yfgdf h:t}v], af/L au}f / kofu zfnfdf xsf0{ ; Af0f ug{lj lw cyj f lr18of3/ tyf sif hnfzodf ; Af0f ug{lj lw cfhsn nfslk0 xEcfPsf]5 . cfBflus /fi6x?n]k/:yfglo ; Af0sf]klj lw? ckgf0{ alh e08f/, tG'khgg\; Id hij foif]sif e08f/ ug{u/\$f 5g\

gkndf klg sif hij s lj lj wtf ; Af0sf] lgD, gkfn sif cg; Gwfg kl/ifb,vdn6f/df Ps lhg assf] :yfkgf ul/Psf] 5 .

*nys, sif tfnd lgbZgfn, xl/x/ej gdf sif k f/ tflnd clws t kbdf sfo{t xgxG .



wfgafnIdf 9}f{sf]pkofuItf

ફાન્ડ ; fg'sz/Lahfrfo*

kl/ro

/f; folgs dn cfkn}bzfdf gaGg] o; sf] a9bf]dNb / ; dod}sf]snf0{rflxPsf]ahf pknAw gxg]xlf l; ldt hlfaf6 a9LpTkfbg lng /f; folgs dnsf]lj sNksf]cfj Zostf xG . ctMaleG lj sNkx? dW]xl/of]dn ; ; f/ e/Lg]rng rNtIdf cfPsf]5 . lj zjf ul/ xl/of]n wfgafnlsf]nflu clt pkofuL l; 4 ePsf] 5 . sg} klg afsla?jf tyf afnlgnfnlsf]xl/of]shnnf]8ff; kft, h/f cfLb vLu/Ljf ; sng ul/ /fd/Ldf6f]f kNbf0{ jf df6f]eq k/Ldf6f]sxf0{agfPsf]dnnf0{ xl/of]n (Green manure) elgG . lj leG afsla?jf tyf afnlgnfnL xl/of]nsf] ; kdf wfgafnIdf kofu ug{dW]9}f Ps kdV xf].

9}f Pp6f o:tf]la?jf xfjh:fsf]8ff/ xff? g/d xGg\ df6f]f kNbf0{s}Llr:ofg lbPdf ; lhn} ff slxG . xl/of]cj :yfdf df6f]f ldnf0{dnsf]sf dln0g]ePsf]h]o; nf0{ xl/of]n eG]ul/Psf]xf]. 9}fn]v8]L/ hd\$]f]kfgLbj }vkg ; S5 . o; sf]vtL; a} k\$]f/sf]df6f]f ug{; lsG . o; sf] ; fy} 9}fnf0{xl/of]nsf] ; kdf wfgv]df kofu u/]f %) kltzt; Dd ol/of dnafb6 lb0g] gf06fhg dnsf] s6f]L ug{ ; lsG .

9}fsf]j }lgs gfd ; }Afgl of (Sesbania) xf] / o; sf]hflt, khflt (species) eg]w}k\$]f/sf 5g\ gkfndf o; sf]:yflgo gfd luv{9}f xf]. gkfndf sf]sx?n]a9Lkofu ug{hftx? ; }Afgl of Sofgflagf (sesbania cannabina) / ; }Afgl of /f]6f]f (sasbania rostrata) xg\ oLa}x? sf]afnLj u/]f k5g\ xfn e0/x\$]f ; a) sf]afnlsf]h/fdf dfq j fod08nsf]

gf06fhg ; f]g]luvfk? xGg\ t/ ; }afgl of /f]6f]f hftsf]sf] afnIdf eg]8ff/ xff?df ; d] /f0hflaod AofS6]lof ePsf]luvfk? xg]ePsf]lj fod08nlo gf06fhg a9Ldfqfdf ; f]g ; Sg]ePsf]lof]sf]MfnLxl/of]dnsf] ?kdf kofu u/]f wfgafnlsf]pTkfbgdf @% kltzt jH Nofpg ; lsG .
9}fdf kf0g]vfBtTj x?sf]dfqfM
9}fdf lgDg dfqfdf vfBtTj x? xGg\ .
h]j s kbfyM)=& Ü
gf06fhgM \$=& Ü
krfikf; M))%# Ü
kf]f; M)#\$* Ü
of]vfBtTj x?sf]dfqf 7ff tyf cj:yfdf e/ kg] ePsf]h] km]s klg x'g ; Sb5 .

9}fnf0{wfgv]df xl/of]nsf] ; kdf kofu ug{lj lw hg hldgdf 9}f kNbfpg]xf]ToxL hldgdf alp 5/] ug{; lsG . o; nf0{ulg Dofgl/ (Green manuring) elgG . csf] 7ffdf pdfl/Psf]la?jf fsf]kft jf :ofpnf -afofdf; -sf] Nbf0{vt]df kofu ug{klg ; lsG . o; nf0 lug hkmDofgl/ elgG . 9}f df6f]f ldnf0{sxfpgsf]nflu s}Lkfglsf]cfj Zostf k5{t/ cl; h]t If]df eg]9}f fsf]s]kfl6 agfP/ kofu u/]klg xG . 9}fnf0{cfIndf nufP/ klg xl/of]nsf] ; kdf kofu ug{ ; lsG .

w}h; f]t/f0{/ leqLdw]df r], j]fvlt/ uxFsfl6G / wfg eg] ; fpgdf /f]kfo{ ul/G . oxL uxFsfg]/ wfg /f]g]alrsf] vfnL ; dodf hlfaf6 tof/L u/L #) -\$) s]hl= klt x\$6/sf] b/n] 9}fsf] alp

5gk5{. alp 5/\$f]^ j f * xkf kl5 -kn
 kn g cl3_ 9}fnf0{hft] df6fdf ldnf0{wfg /fk'eObf sl/a Ps xkf cufl8 l; Ff0 u/L
 wfg /f]bf clwstd wfg pTkfbg lbg ; lsg]
 s/f cg! Gwgafl6 l; 4 e0; s\$fs . w}cInlo
 df6f] (Acid soil) df 9}fsf]/fdflj4 gxg]
 ePsf]rg (Lime) sf]kofl ugk5{. of]klg
 elg5 ls wfg vtLug{df6f]g}dlnnfxgk5{
 lscls wfgdf xfdIn]t]f]vr{u/L 6k8{
 u/\$f]ol/ofsf]sl/a ^) -&) kltzt gf06fhg
 rlxP/, au], Pdflgof bbfF e0{p8] gfs; fg
 xG / wfgn]t vfnL \$) kltzt hlt dfq
 vf; pkofl u5{. To; h]9}fsf]kofl]l]j zif
 u/L df6f]f] ; a}u0fx? /fdfl agf0{wfgsf]
 pTkfbg a9fpF eG]s/f ; +f/el/ g]l; 4
 e0; s\$fs]5 . 9}fnf0{uP uh\$fl hldgdf
 klg vtLug{; lsG .

t/f0{leqLdwz; ; db|; tx bly #)) -\$)))
 lkn6sf] prf0{ ; Dd klg 9}ff vtf L u/\$f]
 kf0G . t/ 9}fnf0{t/f0{ lelq dwz, gbL
 lsgf/sf]5p5fp, kxf8sf]a+L Ifq cflbd
 dfq kofl ug{ l; knf/; ul/Psf] 5 .

xl/ofnsf]?kdf 9}fsf]kofl]a6 xg]kn0bf
 !_ 9}fdf h/fsf]; fy; fy}8ff / xftfx?df
 klg j fod08nlo gfo6fhg l:y/s/0f ug{
 /f0hflj od hftsf AofS6]l0fsf luvfx? xg]
 ePsf]wfg /fk]ahf o; nf0{xl/ofnsf]
 ?kdf kofl u/\$f]v08df wfg pTkfbgdf
 pNlyglj j4 Nbfpgsf]; fy; fy}gfo6fhg
 dnsf] klg %) kltzt ; Dd s6f]L ug{
 ; lsG .

@ 9}fnf0{uP uh\$fl hldg h:t}gbLlsgf/sf]
 5p5fp, cfln tyf sfGnfdf klg vtL ug{
 ; lsg]ePsf]hldgsf] klg ; bkofl ug{d2t
 kbl5 .

#_ 9}fnf0{vtf af/ldf g}pdf/L ToxL vtLdf
 ldnfpg] klg ePsf]]c; 7ffaf6 9j fgLugkg]
 cfj Zostf xEg .

\$_ sd vrdf 9}fnf0{cfkg}>d / ; Ika6
 cfkg}vtLaf/ldf pdf/LwfgvtLdf kofl ul/g]
 ePsf]o; df lgxIt wjh; f]vfBtTj sf]efu
 wfgafnlnf0{g}pknJw xG .

%_ xl/ofnsf] ?kdf 9}fsf]kofl]n]df6f]f]
 efLts u0fx? / /f; folgs u0fx? ; wf5{.
 ^_ xl/ofnsf] ?kdf o; sf]kofl]n]kfl]kfl]; ,
 SoflN od, kfl]f; od, Doflgl]; od / kmfd
 cflb tTj x? wfgafnln]ng]Ifdtf a9fpF .
 &_ 9}fsf]kofl]a6 df6f]f h]j s kbfy{a9g]
 x'gn] cltj li6af6 xg] e"-Ifonf0{ klg
 /f]b5 .

*_ xl/ofnsf] ?kdf 9}fsf]kofl]a6 ck]6
 cj :yfdf /x\$flvfBtTj x?nf0{kfl]6 cj :yfdf
 kl/0ft ubh .

(_ o; df ePsf] vfBtTj x? la:tf/} kfl]6
 cj :yfdf kl/0ft xg]xgfn]wfgafnln]h]j g
 rsel/ g)o; n]vfBtTj x? kfl]t ug{; Sb5 .
 !)_ o; sf]kofl]a6 df6f]f ePsf]sf dnf]g]
 vfnf zld h]j f0fsf]; Vof tyf ls0fsnfkdf
 j4 xG .

*nys, gkfn sif cg! Gwfg kl/ifb, vdn6f/df j1/i7
 kflj lws clws t, l6-^ kbdf sfo{t xg xG .

; @e{; fdfl]

- efhfdfl; * a:g t awfgafnlnf xl/ofnsf]
 kofl Ps ; kmtfsf]syfEgkfn sif cg! Gwfg
 kl/ifb\gfs{ @)^ C; f/ .
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S'/Inf]v‡Lk‡j lw

↳ lbn axfb/ lai6 *

kl/ro

s'/Inf]Hfb}kfj6s, dxËf]j x‡ifl‡ t/sf/L afnLxf]. o; sf]sdnf]8fF -6; f_ ; nfb, ; k tyf t/sf/lsf] ; kdf vfg ; lsG . o; sf] pTkQ :yfg dW Pl; of, ; tyf pQ/L o/fknf0{dfcg ; lsG . gkfnsf]kxf8Le¶df hËnLcj :yfdf kz:t s'/Inf]kf0G . h; nf0{ gkfnsf]klZrdL Ifqdf lehems8L-PnËf] eG]ul/G . gkfndf o; sf]v‡LJoj ; flos ; kdf geP klg lj zjfu/L zx/L Ifqdf dfu a9b}uPsf]bjvG . kfj6s tyf kRg ; lhnf] t/sf/L ePsf]la/fdL ePsf]tyf sdhf] JolQm?nf0{vfg lbg]k†ng k/fgf]ePtflg xfn lj leGg kl/sf/ ld; f0{ksfpg]rng a9b} uPsf]5 . kjKe‡W ; fu/lo Ifq / Pl; ofsf ; db|t6lo Ifqdf @)) j if{cl3b]v s'/Inf]f0{ t/sf/lsf] ; kdf lnPsf] dflgG . cd]sf lj Zj sf]; a‡obf a9Ls'/Inf]pTkfbg ug{b‡ dflgG eg]hfkfg a9Ls'/Inf]csoft ug{b‡ dflgG . hdg‡ ; , kf]bf08, 06nL h:tf o/fklog b‡x? klg s'/Inf]v‡lsf nflu lrIgPsf 5g\ . gkfndf s'/Inf] v‡lsf Joj ; foIs/Of gePsf]sf/0fn]w} hftx? kofldf cfPsf 5gg\ s'/Inf]efn]/ kfyL a‡f cnu cnu xg]xgfn]hftlō lj sf; Tolt ; lhnf]5g . o; afnldf xfn ; Dd gkfndf cg; Gwg sf0{gePsf]oxf]lj lj w ef]f]ls cj:yf ; xfplf]hftx?sf]5g‡ ePsf]bjvbg . hËnLhftx?sf]; sng tyf cWog sf0{ug{ g; lsPsf]lj b‡L hftx? k†ngdf cfPsf 5g\ xfn 88Nwf lhNfdf klg o; sf]; Af0f ; Dj 4g sf0{e0/x\$]5 .

s'/Inf]kfj6s dx‡j

!)) ufd s'/Inf]f]; jgaff tkl; n adf]hdsf

kfj6s tTj x? kfpg ; lsG .

zLQm@ ls=uf, kfj6gM# u, sfaf]f068M #& uf, / } f.v/fgIM) =* uf, SofN lOdM@ ld=uf, kmkfj; M%@ ld=uf, kmfdM) ^ ld=uf, kf]fl; odM#) @ ld=uf, Dof]gl; odM !* ld=uf.

o; /Ls'/Inf]f0{lrNhf]kbfy{lj xlg, sf]j6]f / ; flBod tTj /xlt, zLQmkbfos, le6fldg P tyf l; kz:t dfqfdf ePsf]pkof]LvfB kbfy\$] ; kdf lng ; lsG .

s'/Inf]f]pkof]

- ; k tyf t/sf/lsf] ; kdf kof] u/G .
- l; wf 3fd gkg]vNhf 7fpff ; sfP/ kl5 pkof] ug{; lsG .
- xl/of]jf aknf0Psf]s'/Inf]; Ahlsf] ; kdf kof] ug{; lsG .
- l8Af af u/L kl5 kof] ug{; lsG .

j fg:klts lj j /f

s'/Inf]f]j fg:klts gfd P; k/fu; clkh gfn; -Asparagus Officinalis_ xf]. of] lnlno; L -Liliacea_ kl/j f/df kb‡ . s'/Inf]!%) eobf a9Ly/sf]-Species_xGg\ s'/Inf]Ps aifl‡ afnLxf]. efn]/ kfyLaf‡ 5§f-5§}Diocious_xg]oflj g:kltsf]kfyLaf‡ efnaf‡ eobf sd pTkfbgzIn / 5ff]cfosf]xG . efn]af§df w}6; fx? knfpf5g]t/ ltglx?sf]df§f0 eg] sd xG . d]Lj fl; E6g hftsf]s'/Inf]lgs} k†nt 5 . gofxfola§ hftx? klg pknAw 5g\ ltglx?df /f] sd nfg]/ a9LpTkfbg lbg]vfnf xGg\

s'/Inf]f]j f / lj sf;

!= dgfsf]lj sf; -Crown Development_M

s'/Inf\$]hldg dlgsf]efu Ps hl6n h/fx? kfgf -Rhizome_ ufgf] lrNhf] h/f -Fleshy roots_ / /] fbf/ h/f -Fibrous roots_ x? xGg\ /] fbf/ h/fx?n]df6f]f6 nj 0f / kfgL ; f]b5g\eg]lrNhf]h/fx?n]vfB kbfy{; krt ug]{ubh . o; /Lufgf]/ lrNhf]h/fdf vfB kbfy{; l-rt xg u0 s'/Inf\$]axaifh c u aG hfG . o; }efuaaff dfg pTkfbg xG .

@= 6'; f -Spear_ Sf]lj sf; Ms'/Inf\$]6'; f -Spear_ vfg ofb efu xf]. o; df cfVnf -Node_ / cGt/ cfVnf -Inter Node_ xGg\ hg cl3Nhf]j if\$]ufgf\$]dgbfaff lj sl; t e0 cfPsf]xG . dflyNhf]cfVnfdf kftnf] sTnf e}kftn 5f]kP/ 6k]h:tf]bjvG . udK; dodf 6'; fsf]j4 rB]xG . t/ : j fbd f sdL cfpE . hf8f]; dodf /] fbf/ kbffydf j4 xgsf]; fy}Anthocyanin / Pigment -/a\ sf]pTkfbg e0 6'; fdf cgfj Zos j hgL/a\ b]fk5{hg ahf/ ofb xb]g . sl; nf] df6f] / sd /] fbf/ ePsf] 6'; f /fdf] xG .

#= af\$]f]lj sf; -Fern Development_M s'/Inf\$]6'; f olb effPg eg]S-% lkfb c]hf] Dd a95 / xfffx? lj sl; t xGg\ tL xfffx?df klg zfvf xfffx? lj sl; t xGg\ h; df ; fgf kft h:tf Snf8f]km -Cladophyll_j4 xG loghfo{Fern elgG .

\$= k]h / kmMbf]f]txsf]xf]fx?aff kft lg:sg]x/\$ cfVnf -Axil_ aff ! j 6f k]h lg:sG k]hx? ; fgf 306Lcfsf/sf ; tf /a\$]f xGg_. kfyl k]hx? c? k]nebf 7hf xGg\ k/; tg sLfaf/f xG . km kfyl affdf nf5g\ tLkm kfsk]5 /ftf]; fgf] Pjh' enknb]g\ kfylaf\$]efn]affebf sd pTkfbgzIn / 5f]f]cfo\$]f]xG . o; f]xg\$]f kf]v sf/of kfylaf\$]f]k]hdf km nf5g\

tLkmn]kftaf6 zlQm/ vfBkbfy{u]0f ug{ xf]. efn]affdf w]6'; fx? knfpEg\ltg]x?sf] df6f]0 eg]sd xG .

xfj fkfgL

s'/Inf]Gofgf]/ ; dliftf]0f ePsf]xfj fkfgIdf /fdf]xG . gkfnsf]dW kxf8Lefudf v]L /fd/L ug{; lsG . s'/f]f\$]f]nflu lxpEdf lr; f]tyf j ; Gt / u]ddf Gofgf]df} d /fdf] xG . df6f\$]f]tfkqmd !) l8=; jeObf sd xgkbh / la?jf ; ; k]fj :yfdf hfg}k5{. !%-@% l8=; #tfkqmd df s'/Inf\$]6'; f /fd/L knfpEg\

df6f]

s'/Inf]axj if]afnLePsf]xgfn]df6f]f o; sf] h/f \$-^ lkfb ulx/f] Dd hfg]x]f ulx/f]vshf] lgsf; sf]/fdf]joj :yf ePsf]anf]b]f]6 df6f] /fdf]xG . kf]f/ls kbfy{k]z:t ePsf]df6f\$]f lk-Pr=^ b]v &% /fdf]xG . ; fwf/0f tyf k]tj if{%) -^) lsnf] gf06f]hg, @% lsnf] kmk]f] ; / %) lsnf]kf]fl; odsf ; fy s]L dfqfdf g]gsf] k]f] nfebfos b]vG .

v]Lk]j lw

s'/Inf] tIg k\$]f/n] nufpg ; lsG . s_ Psj if]ufgf -Rhizome_ /f] .

v_ l; w]alp /f] .

u_ @# dlxg]agf{; f/] .

s_ Psj if]ufgf]; fg]tI/sfMs'/Inf\$]k]f/0fsf] nflu k/]fgf] s'/Inf]f6 ufgf lgsfnL ; fg{ ; lsG . cyj f alpaff g; {ldf pdf/PSf]! j if]ufgf]klg ; fg{; lsG .

- alpaff ufgf]tof/ ug]f0{k]fug r]lt/ alp g; {lagf0 nufpg ; lsG . alp pdg # \$ x]f nf5 . alpnf0{rf]f] pdfg{\$ lbg; Dd @-\$ l8=; #tftf]kfgIdf

- lehfpg' k5{.
- alp %& ; ḍLsf]km̄sdf @% ; ḍLulx/f / ^) ; ḍLsf] km̄sdf / f]g' kb5 .
- Ps j ifkl5 xf] of/L k] \$ kfgf vGg' k5{/ ; f]@ -#) ; ḍLnfdf] h/f; lxt xgkb5 .
- s'/Inf\$] kfgf !%-@) ; ḍLulx/fdf /fk5 . kyd r/0df % ; ḍLhlt df6f] dgf÷6'; f]g5f]g]u/L kfgf 5f]g}6'; f a9b}uPkl5 df6f]lj :tf/]5f]b}hfg].
- ; fwf/0ftfMnf0gsf] b'!L !@) ; ḍL Pskfgf b]v csf]fgf @%-^) ; ḍL/fv5 t/ s/]faf/ldf sd klg ug{; ls5 .
- g; {Ljof8df pTkfbg ul/Psf]@# dlxg] lj ?jf ; f/] klg s'/Inf]nuv0g]ul/5 .
- tiff/f] kg{ 5f8kl5 la?jf v]df ; fl/5 .

v_ v]df l; w}alp /fk]Ms'/Inf\$]alp pdg s/lj ! dlxgf nf]g]ePsf]v]df l; w}alp /fk]f x]rfx gk]g]x]f pdf/ k]tzt w}]g} sd xg]ePsf]of]tl/sf rngdf 5g . t]lg !@!% ; ḍd=ulx/f0df alp l; w}/fk5 . & ; ḍLsf]km̄sdf Ps}nf0gdf @% ; ḍLulx/f u/L alp /fk5 . gof6'; f pdg yfn]kl5 df6f]y]b}hfgkb5 .

u_ @# dlxg]agf{; fg{t/lsfMhflis Aofu jf g; {L Aof8df alp /fk]g]. kfug-r] jf eff]cflzj gdf agf{@%-#) ; ḍLc]hf]x5 / cfif9 jf dfu]f agf{sh} fdf ; fg{/ Psrf]ldf hDdf @%) la?jf cfj Zostf k5{ / alp %))-*)) usd÷/fk]gL r]fx5 .

afn]sf]x]rfx
axj if]b afn]ePsf]3f]Fx? klg axj if]b k\$]f/s}a9L kf05 . To;]h]; do ; dodf u]f]h ug{k5{. afn]nuvPsf]bf] f]j if{ Dd

ufgfsf]j /lk/ df6f] ; Sg' x]g . afn]nf0{ ln0{ s]kl5 lj ?j fn] ; Vv]kg dxz'; ug{ ePsf]ll; Ff0]bgk5{ hf8f]; lsPkl5 ; s]\$] af]x? h/fnf0{g] ; fg gk]g]u/LxNsf u]f]f0 u/Luf]dnsf ; fy}ol/of / rg @ s]hl k]t /fk]sf b/n]df6f]f ldnfP/ xNsf 8df agfpg' k5{.

/f] tyf s]l/f of]afn]df nf]g]/f]lx?df l; Gw/] c]nfpg] h/f s]lxg]/ ls/fx?df vk6] nfxLtyf c]o df6f] dgL xg]v]d? k]v xg\ltg]x?sf] lgoq]f c]o afn]L ; /x g}ug{t/ 6'; f c]f0 ; s]kl5 lj iff]Lg5g{.

s'/Inf\$]afn]Lng]cj :yf
s'/Inf]/fk]f]t]f]j iff]v dfq afn]Lng z?
ug{k5{/ Pp6}af]n]!%-@) jif{ Dd pTkfbg lbg ; S5 . t/ hft cg'; f/ *-!) jif{ Dd /fdf]pTkfbg x5 .

- klxn]f]@ jif{ Dd afn]Lng plrt x]g, lnPklg w]6'; f l6kg x]g . 6'; fnf0{x]g lbPdf v]B kb]f ydf j]f c]f]kfgfdf ; k]t eP/ csf]j iff]v a9L 6'; f c]fpg]x5 . ; fwf/0fofMafn]L @ dlxgf; Dd lng ; ls5 .
- 6'; f !% b]v @% ; ḍL nfdf]ePkl5 sf6] jf eff] lgsf]g ; ls5 .
- 6'; f sf6f]f hldgb]v @% ; ḍL dgL/ ufgf]b]v % ; ḍLsf]b/ldf sf6g' k5{.
- sdnf] ; f] / df6f] 6'; f ahf/ of]b x5 .
- cfwf OGr kf]df sf6L dgtftf]kfg]df 8af0{/fv]f !-@ lbg; Dd tfhf /x5 .
- dW kf]8df kf]ugsf] t]f] x]f]v cflzj g; Dd / t/f0df kf]ug kf]x]f] v cflzj g; Dd s'/Inf\$]pTkfbg lng ; ls5 .

- 6! f sflk15 rfB{g}o; sf]u0:t/df xf; cfpg]ePsf]; kf0 u/kl5 e08f/0f ug{ k/ʃf (-!) l8=; ḍebf sd tkqmdf /fNg'k5{.

pTkfbg
 S'/Inf\$F] ; /b/ pTkfbg @)) bJv %))
 ls-ufkl t/fkgLxG . t/ /fdff F Joj :yfkg
 uYbflegjj 0zs/ efnjhftsf s/Inf\$F &))
 bJv *)) ; Dd klg pTkfbg lng ; lsG .

- ; ḍe{; fdflL
- sif aʃfl; s j if{#* @)%* cs ! t/sf/L
 lj ziff, +j zfv hʃ7 @)%*
- kʃl w s kl:tsf, t/sf/Llj sf; lgbʃgfn
 o) ^ &) ^ *
- s/Inf]v tLkl:tsf t/sf/Llj sf; dxzfvf,
 vdn6f) %^) ^ &
- lbgz ; fksʃf, s/Inf]v tLkj lw kl:tsf sif
 ; rgf tyf ; ff/ sPb) ^ & : ^
- s/ʃfaf/L/ tfhf t/sf/Lv tLkl:tsf t/sf/L
 lj sf; lgbʃgfn @) ^ ! ^ &

gkfnf]eQih/ lhNhsdf j Qfsf]06}§]ktnL K6jf hf0nf6jf -Pn= -nkh18f6/f K6h18L ij ?4df
 afof] gn kbfyk?sf]kefj sf/lf

- d6L/f s6j fn

zfw; f/

eQih/ lhNhsf]tfnL j fnsf / blwsf ufh=; x?df sifsx?sf]; fdflhs cfly\$ cj:yf, xflgsf/s
 sL/fx? dVotM6}§]ktnL K6jf hf0nf6jf -Pn_ sf]k\$fl / Ift tyf sifxs :t/df o; sf]Joj :yfkg
 af/]kQf nufpg 0f ; g @)! df kʃfln; hgf sifsx?sf]; j Ifof ul/of]. kf0Msifsx? - * @ # ; flf/
 lyP . ; a}h; f]sifsx?n]-nueu !)) Ü_ n]06a§]ktnlsf/fyfdfs]nflu /; folgs lj iffLkofli u/\$f]
 kf0of]/ cʃ tdf #^ k6s lj iffLsf]kofli u/\$f]kf0f]. o; sL/fsf]Aoj :yfkgsf]nflu eQih/ lhNhsdf
 sLk16 / 18f10h8 Ans l8hf0g lkn8df kofli u/L & j 6f pkrf/x?Us_ uf0sf]uxE ! efu-\$ efu
 kfgL F v_ e} lsf]dq ! efu-\$ efu kfgL F u_ afvifsf]dq ! efu-\$ efu kfgL F 3_ eifsf]dq
 ! efu-\$ efu kfgL F a_ erifhdjh ! efu-\$ efu kfgL F r_ af]/uf8{@ Pd= Pn4ln6/ / 5_ lgoQq0f
 -kfgLdfq kofli u/\$f] tIg k6s bfxifsf]lyof]. o; sL/fsf]; aʃobf a9Ljo:s -c7xQ/ j 6f_ ; q
 dfrflf No/ ; lxtsf]j ff-6L 6ofkdf j gf{; f/\$f]^@ lbgdf k/\$f]lyof]. jo:s sL/f 8]bf 6ofkdf eobf
 j ff-16 6ofkdf j 9Lk/\$f]pQmb6fksf]kefj sf/lf / fdfs]b]vof]. lkn8 k/lf0df erifhdnsf]kofliqaf6
 ; aeobf a9Lnfe{d]ob/ kf0of]eg]To; kl5 qndzMa]//uf8{ uf0sf]uxE, afvifsf]dq, e} lsf]dq / eifsf]
 dqsf]kefj sf/lf 5/\$f]; ft lbgkl 36b}uPsf]t/ 9! L/ Pg-kl-eL ldl>t hʃ s lj iffLsf]pkrf/sf]
 ptf/ r9fj ; lxtsf]glthf kf0of]. ; aʃobf sd kfslts zqx?sf]; Vof erifhdn pkrf/t K6x?df
 kf0Psf]lyof]. ; aʃobf a9Lj Qf 8Nhsf]pTkfbg / vf; pTkfbg erifhdn pkrf/t K6x?df kf0of]
 eg]8Nhsf]aflix/Lkftsf]; aʃobf sd Ift eg]af]/uf8{pkrf/t K6x?df kf0of]. ; aʃobf a9Lvf;
 cfifbfLerifhdjh pkrf/t K6df ePsf]kf0of] h; n]s]byfof]eg]lgoQq0f u/\$f]K6sf]thgfdf ; aʃobf
 a9LpTkfbg erifhdjh pkrf/t K6df / To; kl5 qndzMa]//uf8{ uf0sf]uxE pkrf/t K6x?df ePsf]
 kf0of]. ; aʃobf sd pTkfbg eg]lgoQq0f u/\$f]K6df kf0Psf]lyof]. cfifbfLnfutsf]cgkft erifhdn
 pkrf/t K6x?df ; j ʃobf a9L-S= ! _ kf0Psf]lyof]eg]; aʃobf sd -@(#_ lgoQq0f K6df kf0Psf]
 lyof]. af]/uf8f]pkrf/ u/\$f]K6sf]pTkfbg -* (= &% dʃ6-xʃ uf0sf]uxE pkrf/t K6sf]pTkfbg -
 * (= ^ 6g-x\$6/_ sf]eobf a9Lkf0Ptf klg cfifbfLnfutsf]cgkft eg]cl3Nhsf]thgfdf kl5Nhsf]
 yf]a9Lkf0Psf]lyof].

abfd\$]dxTj tyf pTkfbg lj lw

▶ >Leujfg 7fs/*

!_ kl/ro

abfd g kfn\$] t/f0b]v dW kxf8 ; Dd x'g] t\$hxg tyf gub] afnLxf]. of]km's lsl; dsf]afnLxf] o; sf]km hldg dfly kmNg] ! bly % j 6f -km_ sf]f df6f]lg kmNg] ubh . of] dW kxf8LlhNhf?df /ftf]df6f]ePsf cl; hrt 6f/x? / t/f0sf gbL vfhf lsgf/fsf kmNg] df vTug]u/]f] kf0G . o; sf]pTkbsTj *)-!))) ls=ufklt x\$6/ 5 hg c? bzx?sf]thgfdf sd /x\$]f 5 . pTkbsTj sdL xgdf pGt alp tyf pGt klj lw gckgfp' xf].

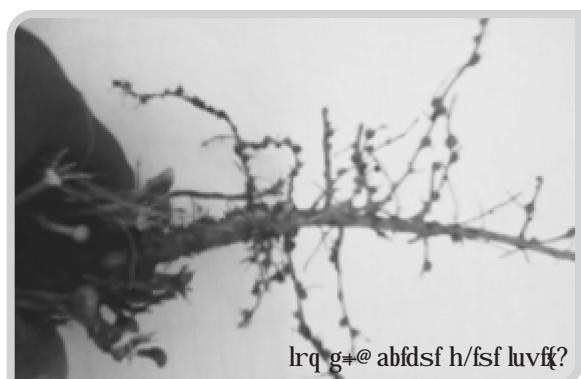
@_ kofh

abfd e6] vfg]lj leGg kl/sf/df ld; f0{kofh ug{ul/G . o; sf]kofh j g:klt fo "pBf] tyf t\$ kzf]g sf/vfgfx?n]sRrf kb\$]f] kdf ug{ul/G . oftsoft ug{ahf a; , 6gdf ; do latfpg, l; gdf ; /s; , /uzfnf, cfd; ef, efi\$]sf]ahf e6\$]f]abfd a9Lvfg ul/G . o; n]a9Lefp hfg] sf]z]fnL kf]g / t\$ lbg] ePsfh] gub] afnlsf] kdf dflgG .

abfd\$]kofh lxGx?sf]rf8 lj ifzul/ kfhu' klof]fdf xflnsf bTosf]; xf/ kl5 v; lfnL dgfp'g /u clj/; F}abfd ; kf/L lbg]rng



/x\$]f]5 . lxG "tyf d; lndx?sf]lj j fx xM s\$fn0?dfndf afw?kofF}abfd ; kf/L lbg] rng klg /xsf]5 . of] z'e j:t' ePsfh] o:sf]kofh khfkf7, ljj fx, v; lfnlsf lbgx?df ul/G . o; df \$%Ü t\$ tyf @^Ü kf]g kf0G . o; df pRr :t/sf]kf]g afx\$ yfodIg, /f0af]kmflj g, lgs]lgs Pl; 8 tyf le6fdIg 0{kf0G . abfddf vlghsf]gfddf SofN lsd, kf] kf]; / kmfd a9Ldfqfdf g]kf0G . o; af6 t\$ lgsfnL s]k5 af]L/x\$]f]kgfnf0{kf]fl/s dn / kzj:t'sf] bfgfdf kf]h ul/G . lkgfdf &-*Ü gf06hng, !-%Ü kf] kf];



lrq g+@ abfd\$]f h/fsf luvff?

/ !-%Ü kf]f; kf0G . o; sf]h/fdf gf06hng l:y/l\$/0f ug{l uvf{ k\$z:t kf0g] xgfn] abfdafnln]vtsf]afnLkng{j f abng /fdf] dflgG h; af6 df6fsf]pj {fz]Qma9h5 .

#_ >ft alp Joj :yfkg
alpsf] nflu t̄hafnL cg' Gwfg sfoqml,
gj nk' tyf cō lJzj:t >ftaſſ cfj Zos
dfkb08sf] z4 alpsf] Joj :yf ugkbh .

S_ Hftx;
Abfdgsf hftx? dVotof # lsl; dsf]xGg\ tLsg\ erfeg] nx/]tyf cw{nx/]lsl; dsf .
erfeg]lsl; dsf hftx?sf kftx?sf]/u xNsf
xl/of] ; xkftx? Rf8f / l5§}tof/ xg]vfnSF
xGg\ of]hft kftsf]y1h]-l6sf_ /fiaſſ
a9Lu]; t xg]ubh . nx/]lsl; dsf hftsf
kftx? Uff9f xl/of]/usf ; -; fgf xGg\ oL
hftx? Nfdf] ; dodf tof/ xg]xGg\ cw{
nx/]lsl; dsf hftx? erfeg] lsl; dsf
xGg\ tn pNh]vt l; krfl/; ePsf hftsf
uofx? ; lxt JofVof ul/Psf]5 .

aL\$

o; sf kñhx; dVo sf08df gkmL ; xfos
xftfx;sf j šlNks cfTnfdf dfq kmNg\
o; nf0{elhlgof aGr elgG . xftfx; ; fñm
dfly a95g\/ sf] fx; afßsf] glhs}
kmNg\ sfzfdf kfoM# bfgf, sñldf @ /
sñldf ! klg xG . Ps; o bfgfsf]tñh #*-S@
uf= xG . of]!@) -!\$) lbgdf tof/ xG .
o; sf]sh pTkfbg &%-!)) lsnf]klt /fkgL
xG .

hgs

o; sf]klg dVo sf08df kmhx? gkmL ; xfos
xftfx?sf j šlNks cfTnfdf dfq kmNg]
ubhg\ ; xfos xftfx? sñL kmNg/ a9g]
ePsf]sf] fx? afßebf 6f9f; Dd klg kmNg
xGg\ 7hf sf] fx? xGg\clwsf; sf] fdf
@ bfgf / sñldf ! klg xG . Ps ; o bfgfsf]
tñh ^)-^% uf= xG eg]!\$)-!%) lbgdf

tof/ xG . sf] fsf]pTkfbg !)) -!!) ls=
uf= klt /fkgLxG .

cf0{ l; = h† P; = -0{ %^
of]:kig; aGr lsl; dsf]ePsf]dVo sf08
/ xfTfdf kmhx? cfpg\ ; a}cfTnfdf kmhx?
cfpg ; S5g\ sf] fx; afß glhs}kmNg\
sf] f ; fgf xGg\clwsf; sf] fdf @ bfgf /
sñldf ! bfgf dfq xGg\ Ps; o bfgfsf]
tñh #%-S) ufd / kSg]cj lw !!) -!@) lbg
xG . o; sf]pTkfbg klt /fkgL^) -&% lsnf]
xG .

%_ df6f]tyf xfj fkfgL
abfd lj leGg lsl; dsf] df6f]f nufpg]
ul/G . t/, ; fdf]t kñf/s kbfy{ePsf]
vghft ubf{8Nhf k6Ss}gxg] kfglsf]lgsf;
/fdf]ePsf] anß]bf]6 df6f] kLPr ^ b]v
^% pkoSt dfLgG . o; sf]v]lsl]nflu @)
l8u]; ; b]v #% l8u]; ; Dd tfkqmd /
abfdgsf]pTkfbg cj lwdf %)) df b]v !)))
ld= dL; Dd j iff{cfj Zos xG . o; sf]v]L
t/f0{ leqL dw] / dW kxf8L 6f/x; df
; kmtfsf ; fy ug{; lsG .

^_ nufpg]; do
abfd j iff@ k6s j iff/ j ; Ctdf vtL
ug{; lsG . t/f0{ leqLdwzdf ; fdf]t ofM
j iff{Z? ePkl5 hñ7sf]bf; f]xKtf]v c; f/sf]
bf] f]xKtf; Dd nufpg ; lsG . l; Ff0sf]
; lj wf ePsf t/f0{Iñdf l56f]kfs]abfdgsf
hftx? -cf0f; ; h-P; = -0{ %^ j f cf0{
l; ; h-P; #^_ kñfNugsf]klnf]xKfdf klg
/fkgL pTkfbg lbg; lsG t/ j iff{fddf alp
; sfpg lj zif Wfg lbgkbh .



& /fkg]hldgsf]tof/L



lrq g+# alp /fkg]b/L/ t/lsf

Dff6f\$]lsl; d x]L @# k6s vghft u/L, kf6f nuf0{df6f]a/a/fpbf]kfg{k5{. j iff\$]kfgLlj Nsh}ghDg]u/Lgsf; sf]plrt k4Gw ldnfpkb5 . /fd/Lkf6f]ufy]dn j f slkf6 dn alp nufpgelbf Ps dlxgf cufl8 g} df6f]f ld; fpg' kb5 . l; knfl/; ul/Psf /f; folgs dnx_ Abfd /fkg'cl3 clGtd hftf0{ F}Psgf; n]5/] df6f]f ldnfpkg' kb5 .

* dn vfb

dnvfbsf] dfqf df6f\$]f pj {f zlQmlf e/kb5 . vtfaf/lsf]hfTg]ahfdf \$)-%) 8f\$]f]kfs\$]f]ufy]dn ÷ slkf6 dn df6f]f /fd/Lld; fpg'kb5 . abfd vtf]lsf]nflu ; /b/ dnvfbsf]dfqf ! lsnf]gf06f]hg, @ lsnf]knf]knf]; / ! lsnf]kf6f; klt /fkgL rflxG . o; afx\$ Sofn; lsd / ; nkm0St dn -Sofnl; od ; Nkm_ lhK d !) -@) lsnf]klt /fkgLsf]b/n]abfd 9sdSs kmhx? cf0; sl5 af6sf]j l/kl/ 5gkb5 . o; sf]koflfa6f sf]f 7hf] / bfgf kf]fnf]kdg xg d2t kYofpB . kmfd t]sf]sdlsf]nIf0f blyPdf #% ufd klt /fkgLcf0{g t]f ePsf] dN6IK\$; @) -#* lbgsf]kmnsdf 5gkb5 .

_ alp pkrf/

olb hldgdf klxnf]k6s abfd vtf]Lul/g yflnPsf]5 eg]/f0hflaod Pg; L@ gfd

•◎• #@ •◎•

lhj f0f dn #% ufd whf]!) ln6/ kfgIdf 3fh agf0{Ps /fkgIdf alp /fkg; sl5 dflyaff 3fh vCofpg' kb5 j f /f0hflaod dn *-) ufd klt lsnf]alpsf b/n]alpsf] kftnf]tx glalug]u/L/fdf] F ld; fpgkb5 clg alp /fkgkb5 .

df6f]ty alp hlgt /fkg]?

kftsfl[yf]h] l; G/]tyf slxg]/fkg] bflba6f aRg % ufd yf0/fd cyjf Sofk6fg j f ; l] fgaff /fd/L alp pkrf/ ugkb5 .

!) _ alp b/

abfd]sf]alp sf]f %) -^) lsnf]klt /fkgLsf b/n] /fdf] >f]af6 Joj :yf ugkb5 .

!!_ /fkg]b/L/ tl/sf

Abfd]sf] knf]ng] hft h:t}hgssf] nflu nf0gbly nf0g \$) ; fdL/ alpbly alp @) ; fdL/ cLhf]xg]hftsf nflu h:t}MaL \$ / cGo hft #) ; fdL nf0gbly nf0g / !% ; fdL alp alpbly alpsf]b/ldf nufpg' kb5 . alp nufpbf hldg tof/ ul/Psf] vtfaf/ldf nf0g tfg] j f xnflsf]; ofsf]k5fl8 %-& ; fdLsf]ulx/f0df alp nufP/ df6f] /fd/Lkgkb5 .

!@_ uf8dh

abfd cGo afnlebf ajh}ks]tsf]5 . of] afnlsf]kmhx? xf]fdf kf]b5g\ t/ uefwfg kl5 ; 0/f\$] ; kdf sf] fsf]lj sf; df6f]eq xG . To; sf]of ; 0/f]df6f]eq k:g / sf] fsf] lj sf; xg, df6f]v]shf]agf0{fVg / enf]sf] k\$fk 36f0{ /fVg /fkg] !%-@) lbgkl5 klxnf]6s / #%-\\$) lbgkl5 bf] fk6s uf8dh ugkb5{. To; kl5 uf8dh ubf{eg]df6f]f k; sf] ; 0/f]afly/ lg:sg ; S5 / pTkfbg 36g ; S5 .

!# l; Ff0
of]afnLj iffQfddf xg]ePsfh]Tolt l; Ff0sf
cfj Zostf kbh t/ km kNg]cj :yf ; 0/f
k:g]cj :yf / sf] fsf]lj sf; xg]cj :yfdf
; Wf / lr:ofg sd ePsf l; Ff0sf]Joj :yf
ldnfpg'kbh .

!\$_ abfd vG]
abfd /fk\$] @% lbgkl5 km kNg] tyf
df6f]f ; 0/f] k:g] qml rln/xG . To; h]
; lk0{sf] fx? Psk6s kl/kSj xg ; Sb.
To; sf/Of kfs]gkfs\$]f]hftF @# j6f af^b
pvhLsf] fsf]cj :yf xg{kbh . olb & -*)
kl|tzt sf] f s8f / kf6nf]5g\eg]vf]6fsf]
leqLefudf sfnf]Wff] /^cfPsf]5 tyf
bfgfsf]aflx/L kftnf]kq cf gf]hftlo u0f
cg' f/sf]/u -uhfaL v]f]sfuh_e0; s\$]
5 eg] af^b dg{ yfnkl5 abfd vgL
xfNgkbh . Hfb}l9nf]u/Labfd vgdf abfd
hldgd}pldg ; Sg] ; Defj gf xG, af^b /
sf] fsf]; lks{66} vG]HbfdLvr{a9Lnfg
; Sb5 .

!%_ sf] f ; \$fpg]/ e08f/Of
abfd vgkl5 kf6nf]s8f vfnf sf] f 5fg'
kbh / ; -; fgf /fd/Llj sl; t gePsf sf] f
56dfpg'kbh . 7hf kf6nf]sf] fnf0{^-*



lrq g+S abfd /fd] u ; \$fP/ /Ng e8f/Ofsf nflu tof/ ul/Psf]

3fddf sf] f xNfpff v\$-v\$sf]cfj fh, bfgf
cfhfn]/u8bf bfgf aflux/sf]kq ; lhn} ff
hfg] xf; Dd ; \$fpgkbh . o; /L; \$fOPsf]
sf] f * kltzt; Dd lr:ofg sfod u/Le08f/Of

ug{kbh . xf]fsf]; ff/ xg]u/L3/df sf7sf]
knbf]s dfly af]f jf esf/ldf klg e08f/Of
ug{ ; lsG . g; \$sf]abfd e08f/Of ubf{
P; k/lhn; ^nfe; 9'; L nfuL bfgfdf
P^nf6f; Ig gfd s lj if pTkG xg ; Sb5,
h; n]SofG / lgDlofpF .

!^_ alp pTkfbg
of]afnL :jo+Irt afnLePsfh]Joj ; flos
alp pTkfbgsf nfuLkystf b/LPs hftsf]
K6bly csf]hftsf]K6sf]b/L!) -!% dI6/
/ >ft alp pTkfbgsf nflu !)) dI6/ xg'



kbh . of]afnIdf sDlIdf b0k6s ahft
x6fpg'jf /luE ugkbh . kyd km kNg]eGf



cuf8 csf]hftsf u0f ePsf af^b / /f] sL/f
nfu\$]f af^b ; fy}cfgj Zos enfx? ; fdks
{kn]lgsfN'kbh . bf]f]k6s km kNg]
ahfdf c? hftsf u0f ePsf kmtsf]/u
blyPsf af^bx{nf0{lgsfN'kbh . abfd sf]
hft, df6f]f]pj {fz]QmJo:yfkgsf]cfwf/df



klt /fgL^) b]v !@% lsnf]; Dd pTkfbg xG .

!&_ abfd[ahf/ tyf laqmh lj t/Of Abfd pTkfbg ug{Sffsx?n]cfkn]ghssf xl6of ahf/df u0fpkefQm ; fgf 7hf Jofkf/L tyf uNhx?df laqmh ug{ubhg\ sg}sg} Sffsx? e08f/Of u/Lcsf]; lhgdf dxff] efpdf 3/df cfPsf]Jofkf/Info{klg aRg]



lrq g*& ahf/df sffs cfkn]j qHul//x\$fl]

ubhg\ o; sf] kofh lj leG xffh, /]6/]B, rdgf ukgdf efhet]df kZ:t} x'g] ePsfh] bfgf klg laqmhxG . o; sf]t]sf] bZ leq tyf aflux/ dfu /x\$fh] th l d n x ? d f kZ:t}vkt xg]ubh . 3djf k; nZ? abfd e6], lrglabfd[ld7f0{agfP/ klg a] cfkngf] hllj sf rnfpg] u/ \$f 5g\



lrq g*& lj leG kl/sf/ / e6] 3dtLJofkf/Lj qHul//x\$fl

*nys, oPg=8=kL= df sif lj 1 xgxG .



cbjf vtL

ufpEflj ftfj /of
:yfgMsllf ; Jf sB|

DBG Sdf/ ; Jf E*

a9LcfdfM P= h6LP= afa' nf}d t cf0ku]
tkf0Eflj clkM df ==
h6LP=M cf]xf] == cfdg gd:sf/, cfpgrxf] \
otf ; lhnf]u/La:gf] \
a9LcfdfM d t oxL d]df a:5' -a; \$f]
clego ub{ pkmca t udklg a9g yfn\$
oxfF; Dd cf0kUg ; fx} sl7g eof].
h6LP=M a9f a9L dfG] dnf0{va/ ug{
ePsf]eP t pt}3/lt/}cfpg]lyP lg a\$df/df
lsg bM ug{kYof].
a9LcfdfM cflhnf0{sf k/H5 cfpgrkYof]
lg 5f]f .
h6LP=M s]sf kYof]To:tf]n eGxsf] \
a9LcfdfM cbjf vtLsf]af/df hfgsf/L
rflxof]dnf0{ToxLeP/ h6LP=afahf0{e\$g
; Jf sB|cfPsLd .
h6LP=M cbjf vtLug{cfdf <
a9LcfdfM cF == afa' Ucbjf vtLu/f]
eg] .
h6LP=M slt hlfdf nufpg]rf/ ug{eof]
t cfdn]<
a9LcfdfMkln]vtLug{tl/sf l; sfcbjf faff
slt kf0sf ug{; lsG, ToF]; gfgclg sltdf
nufpg]lg0f] u/f].
h6LP=M cbjf vtL t dW kxf8L Ifldf
; kmtnsf ; fy ug{; lsG . ca clxn]t
t/f0{Ifldf klg cbjf vtL/fdf]ePsf]5
cfdf .
a9LcfdfM To}; g] d klg cbjf vtLu/f]
eg] ; f] agfPsL.
h6LP=M cbjf vtL ; d0|; txblv !%))
ld6/ prf0{; Ddsf]xfj fkfgldf ; kmtnsf
; fy ug{; lsG . o; sf nflu @) -#) l8=, †
; Dd pkoQmtfkqnd dfLgP klg clwQmd #%

l8=, † ; Dd cbjf j fnIn]; xg ; Sb5 . clg
cbjf fsf]afnLcj lwdf %)) -^)) ld=jd=j iff{
ePsf pTkfbg /fdf]xG .
a9LcfdfM clg afa' cbjf afnLsf]nflu df6f]
s:tf]xgk5{t <
h6LP=M df6f]sf]xsdf rfxIPsbd}lrD6f0hf]
jf v; flafnj foQmdf6f]afx\$ clwsfz df6f]f
cbjf vtLug{; lsG . t/ kfEfl/s kbfy{
kZ:t ePsf]bfld6 lsl; dsf]df6f] ; ae0bf
pkoQmdflgG .
a9LcfdfM clhlokgf Tof]s]/lkPr=slt
xg' k5{ t of] cbjf afnLsf] nflu .
h6LP=M cbjf afnLsf]nflu lkPr=dfg %-%
b]v ^% ; Dd ePsf]fdf]dfLgG cfdg . clg
hlfdf]tof/L; dodf j iff{sf]kfgLghDg]u/L
sh] f]sf6Llgsf; sf]Joj :yf ldnfpg'k5{.
a9LcfdfM kfgLhDof]eg]cbjf afnLlauG
eg] xf]f xg afa' <
h6LP=M xf]cfdf, cbjf fsf]ufgf]slxg]u5{
To; h] lr:ofg rflxG t/ kfgLghDg]u/L
lgsf; sf]Joj :yf k5{.
a9LcfdfM cbjf nufpg]; do rfxIPsln] /fdf]xfhf afnL nufpg]pkoQm; do eG
lg .
h6LP=M cbjf nufpg]; do rfxIPj leG
7fpEfljxfj fkfgldf e/ k5{cfdf . h:tf]ls
dW kxf8L Ifqsf]nflu kfugsf]cl0t xkf
b]v r] dlxgf leq cbjf nufpg] pTkfbg
/fdf]lbg ; lsG cfdg . t/ klg df]f cg' f/
kfgLkg{9nf eofleg]j Zfvsf]bf]f]xkf; Dd
nufpg] klg xG .
a9LcfdfM cbjf afnLnufpg l9nf]eofleg]
s]xG / h6LP= afa' <
h6LP=M r]j Zfvfvebf klg l9nf]eofleg]

alpsf pdg]z|Qmg}36] hf5 / kl5 pTkfbg klg sd x5 cfd. kl5 hlt l9nf]u/Lnufof afnL kfSg klg l9n}x5 h; n]ubf{kl5 nuf0g] afnInfo{ ; d t c; / k5{ . a9L cfdM klxn]em6 kfgL kg{lalQs} krfugsf]clGt xKtf jf r!% leqdf cbj f afnLnufpHfgL 5f]f .

h6LP-M x5 cfd. ; dod}afnLnufpf' pTkfbgsf] lx; fan] /fd] dflg5 cfdf ^ a9L cfdM ca vtl ug{ePkl5 cbj fsf] alpsf]klg hfxf]ug{kYof]afa' Ualp cbj f stLnf5 <

h6LP-M alpsf]dfqf cbj fsf]hft xfj fkfgL nufpg]; dodf e/ k5{. ; fdCetofofM; fgf] ufgf xg]hft 5 eg]klt x\$6/ \$-rf/_ 6g cyft klt /fkgLjf 89 s]f hlf]nflu @)) -b0{; o_ s]hL cbj fsf]alpsf]cfj Zostf k5{. To:t}7hf]ufgf xg]h:tf]; Nfg, efhk'/ / Ohfd hftsf]nflu klt x\$6/ ^-5_ 6g / klt /fkgLjf 89 sf]nflu #)) -ltg ; o_ s]hL cbj fsf] alpsf] cfj Zostf k5{ cfd .

a9L cfdM clg cfk]nf0{cfj Zos cbj fsf] alp sx]f]6 klt ug{; ls5 t < dnf0{t cbj fsf]alp rfxof] .

h6LP-M cf gf]5/ l5d\$df s; h]v]Lu/\$f] 5 eg] Toxf]klg klt ug{; ls5 cfd . geP hls]f]s]f]ho dfkn] c6 If]af6 klg s]fsx?sf]dfusf]cfw/df cbj fsf]j lpsf] hfxf]ug{; ls5 cfd .

a9L cfdM nf]To:t]eP dnf0{@ /fkgL hlf]nflu cbj fsf]alpsf]hfxf]ul/lbg' kYof]h6LP= afa' .

h6LP-M x; == x5 cfd d aef]f / cfdnf0{va/ u/f]f

a9L cfdM; fR Lh6LP= afa' cbj fsf]pGt hftx? s]s]5g\> <

h6LP-M clxn]xfdf]b]df vtLul/b]cfPsf]

cbj fsf]hftx?df ; Nfg, efhk'/, Ohfd / sk/sf] pTkfbgsf b]6n]pTs]6 dflgPsf 5g\ oL ; a}hftx? af] lj udf kb5g\ a9L cfdM of]af]]/ g; leg\$]f]rxf]I]f] afa' <

h6LP-M w]}/] f ePsf]cbj fnf0{g;]/ sd g; f ePsf]h0{af]]eG]k]ng 5 cfd . clg cfd alp 5g] ubf]ufgf]s]lxg] /f] gnfu]f]v]tsf]xgkb5 . /f] tyf s]f gnfu]f] s]ld]df Pp6f /fd]6'; f lg:sg ; Sg]kf]6nf] ufgf]cbj fsf]alpsf]nflu 5f]g' k5{. alp 5f]bf ufgf]f]cfsf/ x]L \$) b]v ^) usd ; Ddsf]cbj fsf]alp ufgf] /fd] dflg5 . a9L cfdM alpsf]s/f klg eof]ca hlf]sf] tof]s]f]s/f eg 5f]f . cbj f afnlsf]nflu hlf] s]g tl/sfn] tof/L ug{ k5{ < h6LP-M cbj f nufpg]hldgnf0{#:\$ k6s vghft u/] hlf]df ePsf]enf/kft tyf cl3Nhf] afnlsf] 76f 76L x6fP/ kf]f]s] s]kf]6 dn df]f]f] ldnfpg' k5{. of]s]kf]6 dn klt x\$6/ @) 6g / klt /fkgLjf 89 s]fsf]nflu %) ^) ef/Lhldgsf]tof/ldf g]df]f]f] /fd] f] ldnfpg' / vghft ulx/f] ug{cfdf .

a9L cfdM P= cbj f afnlsf]nflu hftf0{ ulx/f]ug{k5{.

h6LP-M xf]cfdf cbj f afnlsf]nflu ulx/f] hftf0{ug{k5{. ca s/f cfp]f alp pkrf/sf] cbj f afnldf kl5 ufgf]s]lxgf]/f] gnfuf] eG]fsf]nflu alp /fkg' klxn]g} !) ln6/ kfgldf @% usd 08f]km Pd= \$% -Dof]sf] / !) usd allel6g -sfa8f]hd_id; f]agf]Psf] 3f]df cbj fsf]alp ufgf]nfo{Ps 306f; Dd 8afpg]To; kl5 5f]f]f] ; s]fpg]/ cfefP kl5 tof/L hlf]df nu] cbj f /fkg] cfd . a9L cfdM ca cbj f /fkg]klg tl/sf xf]f dnf0{Tof]klg /fd] f] atf]f] . h6LP-M tof/Lhldgdf #) ; f]d]sf]km]sdf

s6f]j f sflfnf\$]f; xofsf]af/f !) ; jdL ulx/f
 sh] f]agfpg]To; kl5 alp ufgf]? #) ; jdL
 sf]b/ldf /fk] /fkPsf ufgf? dfly ^-&
 ; jdL df6f]kg{u/L cbj fsf]alp ufgf]hfo{
 5fkL lbg]cdfdf . olb 7hf]If]df cbj f v]L
 ug{5 eg]#) ; jdL kmfdf b/L sfod xg]
 u/L xnf\$]f k5f]8 klg /fk] ; lsG .
 a9L cfdM clg 8dfe agfpg' kb]g <
 h]6LP=M le/fnf]h]lufdf kfgL hDg]; d:of
 gePsfh]8dfe agfpg' kb]g t/ Hbfbf j iff{
 xg]tyf ; dy/ hldg 5 eg]To:tf]7fpff
 !% ; jdL cjh]f/ Ps ld6/ rf]f]8dfe
 agfpg'/fdf]xG / rf/]t/ kfgL lgsf; sf]
 Joj :yf klg ldnfpg'k5{.
 a9L cfdM clg h]6LP= afa' cl3 s]kf]6
 dnsf]t s/f u]bf]csf]/f; folgs dnsf]t
 s/]u/gf].
 h]6LP=M s]kf]6 tyf uf]dn t h]lufsf]
 tof/ldf g}df6f]f ldnfpg]/ /f; folgs dnsf]
 xsdf l8P=kL% lsnf]klt /fk]Ljf 89 s]f
 hldgsf]nflu cbj f /fk]kxn]df6f]f ldnf0{
 alp /fk]. To:t}D} ckmkf]f; \$ lsnf]f0{
 @ k6s u/L klt /fk]Ljf 89 s]f]nflu
 @ lsnf]hldgsf]clgtf tof/ldf / af]L@
 lsbnf]cbj f pd\$]f@ dlxgf kl5 6k8]sf]
 ; kdf lbg]To:t}ol/ of rflxf@ k6s lbg].
 alp ufgf]/fk]f! dlxgfkl5 klt /fk]Ljf
 89 s]f]nflu # s]hL ol/ of 6k8] ug{
 / To; sf]! dlxgfkl5 cyff alp /fk]f@
 dlxgfkl5 # s]hL ol/ ofn]6k8] ug{. clg
 cfdf cbj f /fk]L5 5fkf]bof]eg]/fdf]xG .
 a9L cfdM P= cbj f /fk]L5 5fkf]xflngk5{
 h]6LP=M s/f]s]5 eg]cdfdf cbj f /fk]L5
 6'; fP/ hldgsf]; txdf cfpf ! b]v #
 dlxgf; Dd nfb . To; h]lr:ofg arf0{/fVg
 5fkf]lgtff cfj Zos k5{. csf]s/f 5fkf]h
 eif/kftsf]/f\$yfd u5{ e-Ifoaf6 arfpf
 / jiff]kfgL; 8g u0{df6f]f kf]f/s kbff{

ylkG / df6f]f] pj {f zlQma9fpF .
 a9L cfdM xG afa' klxn]cbj f /fk]clg
 5fkf]f]klg Joj :yf u/f]f clg cbj f afnlnf0{
 u]bf]h ug{k5{lg xg 5f]f .
 h]6LP=M k5{cdfdf cbj f afnlpd\$]f! dlxgf
 kl5 ufgf]f0{c; / gkg{u/L u]bf]h ug{/
 # lsnf]klt /fk]Lof 89 s]f]b/n]ol/ of
 6k8] ug{. To; kl5 @ dlxgfkl5 xNsf; F
 u]bf]h]u/L af]L# lsnf]ol/ of / @ lsnf]
 D} ckmkf]f; df6f]f ld; f0{lbg]cdfdf .
 a9L cfdM clg l; Ff0sf]cfj Zostf slQsf]
 k5{lg afa' cbj f afnlnf0{<
 h]6LP=M xfdf]b]df cbj fsf]afnlnf0{j if{
 j fnlsf]kdf nuf0g]ePsfh]l; Ff0sf]Tolt
 cfj Zostf kbg t/ j fnLnufpg]; dodf klg
 kfgL gk/df xNsf df6f]f xNsf l; Ff0{u/L
 j fnLnufpf /fdf]pdf/ xG . clg cfdf of]
 cbj fnf0{leqLj fnlsf]kdf cff lnrL j u]ff
 leq ds}afnLleq ldl>t ; kdf klg nufpg
 ; lsG cfdf .
 a9L cfdM, leqLafnlsf]kdf klg nufpg
 ldN eg]d klg To; }u/f]f . clg afa' of]
 cbj f afnLslxn]tof/ xG t <
 h]6LP=M cbj f ahf/sf]dfu cg' f/ ebf}
 kl5 g]lgsf]g ; lsG t/ afnL/fdf]l5]lkP
 kl5 lng]xf]eg] dlz/ k' df vbf /fdf]
 pTkfbg kfpg ; lsG .

a9L cfdM nf}5f]f cfh cbj f v]lfs]af/df
 w} hfgsf/L kf0bf] ca hfG5' klg .
 h]6LP=M x; \ cfdf cfpf} ug{ xf]hf

a9L cfdM xl/z/0fd Ü

* nys, s]f ; f]gf tyf ; ff/ s]bdf /fk=t{
 -kff kbdf sfo{t xgkG .